




Triage
helping people succeed

“After an 11 year break to bring up my family, it’s time to make my daughter proud...

In time, and when I felt ready my advisor helped me with my CV, supported me with IT skills and offered courses to build my confidence.”

- MARY, A REVIEW REFRESH RETURN PARTICIPANT.



Review,
Refresh,
Return





Review, Refresh, Return

Offers flexible support for women who want help returning to employment, training or further education.

Online and telephone support is offered across Scotland. Face-to-face support can also be requested.



Returning to work, training or education after a break to bring up family, or some time out to look after your wellbeing, can be daunting. We offer support to help ease the anxiety that this transition can bring:

-  IT courses
-  Health and wellbeing advice
-  Online learning
-  CV writing
-  Interview skills
-  Application form support



CONTACT US

-  [ReviewRefreshReturn](#)
-  triagecentral.co.uk/get-in-touch
-  07547 404395

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