



Training Programme 2021

We want to help more people increase their skills, knowledge and confidence when supporting neurodivergent children and young people, including those who may have learning difficulties. We do this by providing a range of training, resources and events.

Our current training programme is listed below but if you'd like to talk to us about your training needs, please contact training@mindroom.org or call 0131 370 6730. Our training is delivered by staff with lived experience of neurodiversity.

It Takes All Kinds of Minds: Supporting neurodivergent children and young people

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| Overview | <p>Join our virtual workshop to raise your understanding of neurodivergent children and young people, including those who may have learning difficulties.</p> <p>Using five short films made in collaboration with children, young people their families and carers we explore how you can begin to take a more holistic, strengths-based approach to supporting people with ADHD, Autism, Tourette's Syndrome, Dyslexia and Developmental Co-ordination Disorder (Dyspraxia).</p> <p>During this interactive training you will expand your knowledge and understanding of neurodiversity and will be encouraged to reflect on how your practice can promote inclusion and acceptance.</p> |
| Learning outcomes | <p>At the end of the course delegates will have an improved understanding of:</p> <ul style="list-style-type: none">• Common neurodevelopmental conditions• The strengths and challenges associated with common conditions• Ways to support neurodivergent children and young people. |
| Duration | Half day |
| Who should attend | This course is suitable for those seeking an introduction to the concept of neurodiversity and no previous knowledge is required. |

Neurodiversity and why it matters

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| Overview | Neurodiversity refers to the natural variations in the human brain and encourages us to consider the strengths of people who think, feel, and experience the world differently. In this course delegates will explore how neuroinclusive practice can reduce stigma and promote acceptance of this often-overlooked form of human diversity. |
| Learning outcomes | At the end of the course delegates will have an improved understanding of: <ul style="list-style-type: none">• What neurodiversity means• Common terminology• Disability, difference, and neurodiversity• The strengths that come from thinking differently• Why neuroinclusive practice matters and where to start |
| Duration | 90-minute webinar |
| Who should attend | This course is suitable for those seeking an introduction to the concept of neurodiversity and no previous knowledge is required. |

Train the Trainer: Supporting neurodivergent children and young people

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| Overview | <p>During this course you will explore how you can support neurodivergent children and young people, and how to share your knowledge with others. All delegates will receive a full training pack.</p> <p>Using five short films made in collaboration with children, young people their families and carers we explore how you can begin to take a more holistic, strengths-based approach to supporting people with ADHD, Autism, Tourette's Syndrome, Dyslexia and Developmental Co-ordination Disorder (Dyspraxia).</p> |
| Learning outcomes | At the end of the course delegates will have an improved understanding of: <ul style="list-style-type: none">• Common neurodevelopmental conditions• The strengths and challenges associated with common conditions• Ways to support neurodivergent children and young people |
| Duration | Half day |
| Who should attend | This is an introductory course and is suitable for those with little knowledge of neurodivergent conditions, however, a basic level of experience of delivering training would be advantageous. |

Introduction to supporting neurodivergent employees

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| Overview | One in seven people in the UK are neurodivergent which means it is likely you will have neurodivergent employees within your organisation. This webinar is for employers who want to learn more about neurodiversity, your legal obligations and how you can begin to create a more inclusive environment for neurodivergent staff. |
| Learning outcomes | At the end of the course delegates will have an improved understanding of: <ul style="list-style-type: none">• Neurodiversity and what that means• Common terminology• The legal context and reasonable adjustments• Neuroinclusive practice |
| Duration | 90-minute webinar |
| Who should attend | This course is suitable for those seeking an introductory course on neurodiversity at work |

Supporting neurodivergent employees to succeed in the workplace

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| Overview | One in seven people in the UK are neurodivergent which means it is likely you will have neurodivergent employees in your organisation. This course is for employers who want to learn more about: <ul style="list-style-type: none">• Neurodiversity and your legal obligations• How you can support neurodivergent employees to overcome challenges and maximise their strengths• How you can challenge myths and stereotypes• How you can begin to create an inclusive workplace and leverage untapped talent |
| Learning outcomes | At the end of this course delegates will have an improved understanding of: <ul style="list-style-type: none">• Neurodiversity, what it means and common terminology• Common neurodivergent conditions• Supporting disclosure• The legal context and reasonable adjustments• Neuroinclusive practice |
| Duration | Half day |
| Who should attend | This course is suitable for managers and supervisors who want to improve their knowledge of neurodiversity in the workplace. |

Coming soon

Over the coming months we will be launching several new courses so please get in touch with training@mindroom.org for further information:

Webinars

- Neurodiversity and supporting disclosure
- Introduction to Neurodiversity, Women and Girls
- Introduction to Universal Design for Learning

Half day courses

- It Takes All Kinds of Minds: Supporting neurodivergent young people in the classroom
- It Takes All Kinds of Minds: Supporting neurodivergent girls and women

Neurodiversity Explained Webinar Series

Our Neurodiversity Explained series is suitable for those who have a basic knowledge of neurodiversity but would like to dive a little deeper into specific subjects.

- What are functional labels and why it is time for change
- Why language matters
- A very brief history of neurodiversity
- Executive functioning and neurodiversity
- Neurodiversity and the social model of disability

Additional information

- Our longer courses can be delivered over two sessions.
- CPD accreditation is pending for selected courses.
- We can create a course that is bespoke to your needs. Please enquire for details.
- We offer consultancy services on various aspects of neurodiversity. Please contact us for further details.
- Our courses are currently being delivered online, but this is being reviewed monthly.

| Course Costs | Individual Booking | In-House training |
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| Webinar (90 minutes) | £25 per person | £125 |
| Half-day | £40 per person | £300 |
| Full day | £80 per person | £600 |