

News from your Local Office

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October 2018

Fife

Gathering Views on Realistic Medicine

Following a request from the Chief Medical Officer, the Scottish Health Council gathered views from patients and members of the public on what realistic medicine means to them.



Realistic medicine means putting the person receiving health and social care at the centre of decisions about their care and creates a personalised approach.

The Scottish Health Council organised 26 sessions and involved 228 people from a wide range of demographics and interests.

Key findings included that participants:

- had a mixed understanding of what realistic medicine means, and
- felt that healthcare professionals needed to take a more holistic view of the patient.

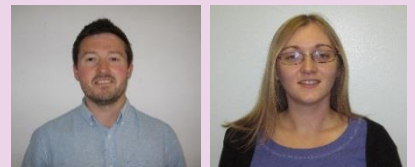
Feedback was shared with the Scottish Government to help inform ongoing discussions on realistic medicine and future development of services.

Deputy Chief Medical Officer Dr Gregor Smith said: “This is a really helpful document which is full of fascinating insights. I’m struck by how people have interpreted what realistic medicine is. Their views give the Scottish Government a lot to consider going forward.”

Read the report at
www.scottishhealthcouncil.org/publications/gathering_public_views/realistic_medicine.aspx

Welcome to our update

We are Local Officer Kevin Ward and Administrator Suzanne Mack. We are based in the Scottish Health Council local office in Kirkcaldy.



Start-up Guide for Participation Groups in Scotland

This guide is designed for health and social care providers, service users, carers, communities and members of the public.

Read more at
www.scottishhealthcouncil.org/patient_public_participation/participation_groups.aspx





Fife Alcohol and Drug Partnership
Promoting Recovery. Reducing Harm.

Working with Fife Alcohol and Drug Partnership

Gathering views of patients and service users

During July and August the local office was very busy travelling the length and breadth of Fife, working in collaboration with Fife Alcohol and Drug partnership to gather views from patients and service users on a needs assessment that the Partnership is currently undertaking.

We ran 11 sessions in various locations, even outdoors in a wood area just outside Cardenden! Many thanks to everyone who took part in these sessions and provided really constructive feedback.

The full needs assessment report will be completed over the coming weeks. For more information on this project/report please get in touch.

Dementia Friendly Glenrothes Project

Since the start of the year we have been working closely with Ruth McCabe, Project Manager (Alzheimer Scotland) on the Dementia Friendly Glenrothes Project. In that time, the local office has delivered VOiCE training (*see section below*) to Ruth and key members of the Participation and Engagement Group (PEG), supported the evaluation of the project, and provided advice and support at the PEG as and when required.

We look forward to supporting Ruth in her new post, where she will be leading on the Fife wide Dementia Friendly Project.



Training we deliver



Visioning Outcomes in Community Engagement (VOiCE) is a free online tool (produced by the Scottish Community Development Centre) which can be used by any individual or group to record engagement activity. Kevin has run a number of training sessions for staff and voluntary groups on using this invaluable tool. If you are interested to find out more please get in touch.

Voices Scotland is a training programme developed by Chest, Heart & Stroke Scotland to help people to be more able to share their views, their feedback and their voice. Voices Sessions are free and can be attended by anyone. If you, or your organisation/group would like to find out more please get in touch.



Contact details

Please contact the Scottish Health Council if you have any comments or suggestions for future updates.

Name: Scottish Health Council Fife

Address: Flat 2, Willow Drive, Kirkcaldy, KY1 2LF

Telephone: 01592 200555

Email: fife@scottishhealthcouncil.org

Twitter: @SHCFife

Web: www.scottishhealthcouncil.org



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