**Mental Health & Wellbeing Services & Supports in Communities**

**Survey**

The Scottish Government has highlighted the development and delivery of mental health and wellbeing services and supports in primary care as a key area for re-mobilisation, recovery and re-design in the context of the COVID-19 pandemic.

Health & Social Care Partnerships in Scotland have been tasked with developing proposals for community-based mental health and wellbeing services and supports over the next five years. A direction of travel setting out the principles which should underpin the design and delivery of mental health and wellbeing services and supports is attached below.

The ambition for Fife is for a system-wide approach which not only creates additionality by increasing provision in communities, but for services and supports to build community resilience and be designed around an understanding of people’s values, outcomes and experiences, thereby creating better lives as well as better services.

In the context of the direction of travel described, ‘primary care’ refers to a system-wide, community-based response to the following types of issues: stress and distress; emotional and relational difficulties; anxiety and depression; issues affecting wellbeing; and mental illness.

The purpose of this survey is to draw from your experience in order to inform the development of proposals.

Completed surveys should be returned to Maxine Jones, Change and Improvement Manager:

**maxine.jones9@nhs.scot** by **16th February 2022**.

**About you**

|  |  |  |  |
| --- | --- | --- | --- |
| Name: |  | Designation: |  |
| Service: |  | Base: |  |

**Current provision**

1. Which **core** mental health and wellbeing services and supports does your service currently provide and where?
2. Apart from core provision, which **additional** projects/initiatives does your service provide?

|  |  |  |
| --- | --- | --- |
| Funding source | Project/initiative | Stated outcomes |
|  |  |  |
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1. Thinking about mental health and wellbeing provision currently (including feedback you may have received from service users and those important to them):
* What is **working well**?
* What is **working less well**?
* What is **missing**?
* What **changes, services or solutions** could help address the gaps?

**Future provision**

1. Thinking about our ambition for better services and better lives (including feedback you may have received from service users and those important to them):
* How can we **work differently** to achieve our ambition?
* Where are the examples of **good practice** that we can draw/learn from?
* What **projects, changes or solutions** should we prioritise first?

**Any other comments**

1. Please provide below any **further comments** that can help us build on our ambition for better services and better lives.

