

Speak Up!!

Free Lipreading classes in Levenmouth with Pam

8 week course September – October 2022
(Wellesley Centre, Methil Parish Church)

Every Friday 3-5pm

Do you find yourself struggling to hear?
Turning the TV up?
Find people are always mumbling?
Do you have a hearing loss or tinnitus?

A member of the class recently said:

"I noticed after a few classes that I could be "me" in class, outside I have to fit into a hearing world. It is mentally and emotionally tiring. My hearing loss affects every area of my life. Attending classes has made me notice this more but has helped me manage it better, my confidence has grown"

For more information and to register please contact Kerrie Martin (WEA)

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