

Lateral flow test for Covid -19

I will do my lateral flow test on these 2 days:

.....

.....

1



Blow nose

2



Wash hands
wash hands

3



Put tube in
small cup

4



Put 6 drops in
to the tube

5



Open the
swab stick

Lateral flow test for Covid -19

6



Put the swab stick
up your nostril,
turn it 10 times
10 TIMES

7



Put the swab stick
up your other
nostril, turn it 10
times
10 TIMES

8



Put the swab stick
into the tube, turn
it for 10 seconds
10 SECONDS

9



Squeeze bottom
of tube, then take
the swab stick out

10



Close the cap (end)
on the tube

11



Turn the tube
upside down
upside down

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12



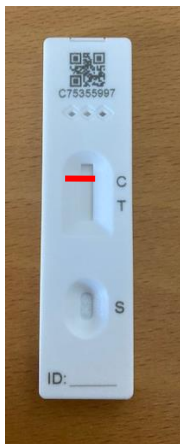
Squeeze 2 drops
in the hole
marked s on the
test

13

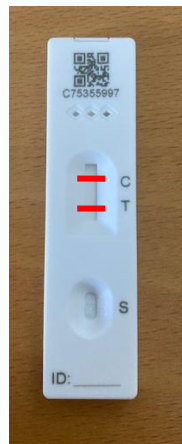


Wait for 30
minutes
minutes

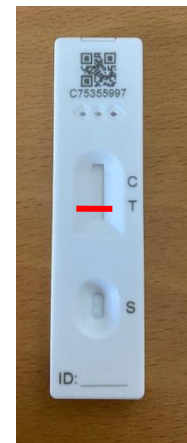
Read your lateral flow test result



Negative result
- you do not
have covid-19



Positive
result - you
have covid-
19



Invalid result -
the test did
not work
properly. Do a
new test