Mentors (Mental Health) – 6 month temporary contract

Fife and Dunfermline

Weekend and evening working

Minimum of 5 hours a week (depending on availability and

service requirements)

£9.75 per hour

Do you have a minimum of 5 hours per week that you can commit to supporting the mental health/emotional wellbeing of children, young people and families within the localities of Dunfermline and South and West Fife? **As Mentors work directly with young people and families in the community there is a requirement that you can drive and have access to a car for work purposes.**

This exciting opportunity to join includem has arisen following successful award of phase 1 initial funding from Initial Phase Funding Community Mental Health & Wellbeing Supports & Services Framework. The project will deliver and evidence outcomes of reduced distress and positive Mental Health.

Ideally you will have experience of supporting children, young people and families on a 1-1 basis with knowledge around mental health / wellbeing and be trauma informed in your practice. Experience in the delivery of groupwork would be an advantage.

We are looking for people who can work as part of a small team in these 2 localities in Fife initially for a period of 6 months to support the initial phases of this project developing.

**If you have all of the below skills and attributes then we would love to hear from you:**

* **A genuine passion for helping children, young people and their families**
* **The ability to identify and manage emotions (your own and others)**
* **An empathetic and non-judgemental outlook**
* **The ability to work as part of a team**
* Ability to build relationships with young people and their families
* An awareness of issued facing vulnerable young people and their families
* Ability to respond flexibly to changing situations led by the needs of the young person and their families
* Good organisational skills
* Be a team player but also be able to work on your own initiative
* Be self-motivated and flexible
* Ability to provide emotional, practical and social support
* Good communication skills both written and verbal including ability to maintain accurate records
* Reliability and commitment to deliver the relationship based model of intervention
* Ability to drive and have access to own car for work purposes

**All posts require individuals to:**

* Work flexibly to meet the demands of the service, involving regular weekend and evening work
* Develop safe, professional and committed relationships with young people and families
* Use their communication skills effectively to influence, record and evidence positive change and provide personalised, risk enabled, professional support
* Be able to drive and have access to your own vehicle for work purposes
* Become a member of the PVG scheme (paid for by Includem)
* To be registered or become registered with SSSC and hold or be willing to work toward an SVQ2 in a relevant discipline (qualifications are fully funded by Includem)
* Attend team meetings and any relevant training courses

**We value our staff and employee benefits include:**

* A full and robust training and induction programme.
* Free Confidential Employee Counselling Service
* Access to Mental Health First Aiders across the organisation
* Free Vehicle Breakdown Cover
* Company Mobile Phone
* SCVO Credit Union
* Discounted gym membership
* Discounted holidays and associated benefits
* Access to discounts for charity workers
* Flexible and agile working

If you would like more information regarding this role, please contact our HR department on 0141 212 8800 who will arrange for an informal chat with one of our managers. You can apply directly online via the Includem website ([www.includem.org](http://www.includem.org)). Alternatively you can request a pack by e-mailing [hrassist@includem.co.uk](mailto:hrassist@includem.co.uk) or contact our Head Office on the number above.

**The closing date for applications is midnight on Wednesday 28th April 2021.**

**For applicants who are successfully shortlisted a group selection event will take place via video-conferencing in the evening on Thursday 13th May 2021 with individual interviews on Thursday 20th May 2021.**