

Workplace Team

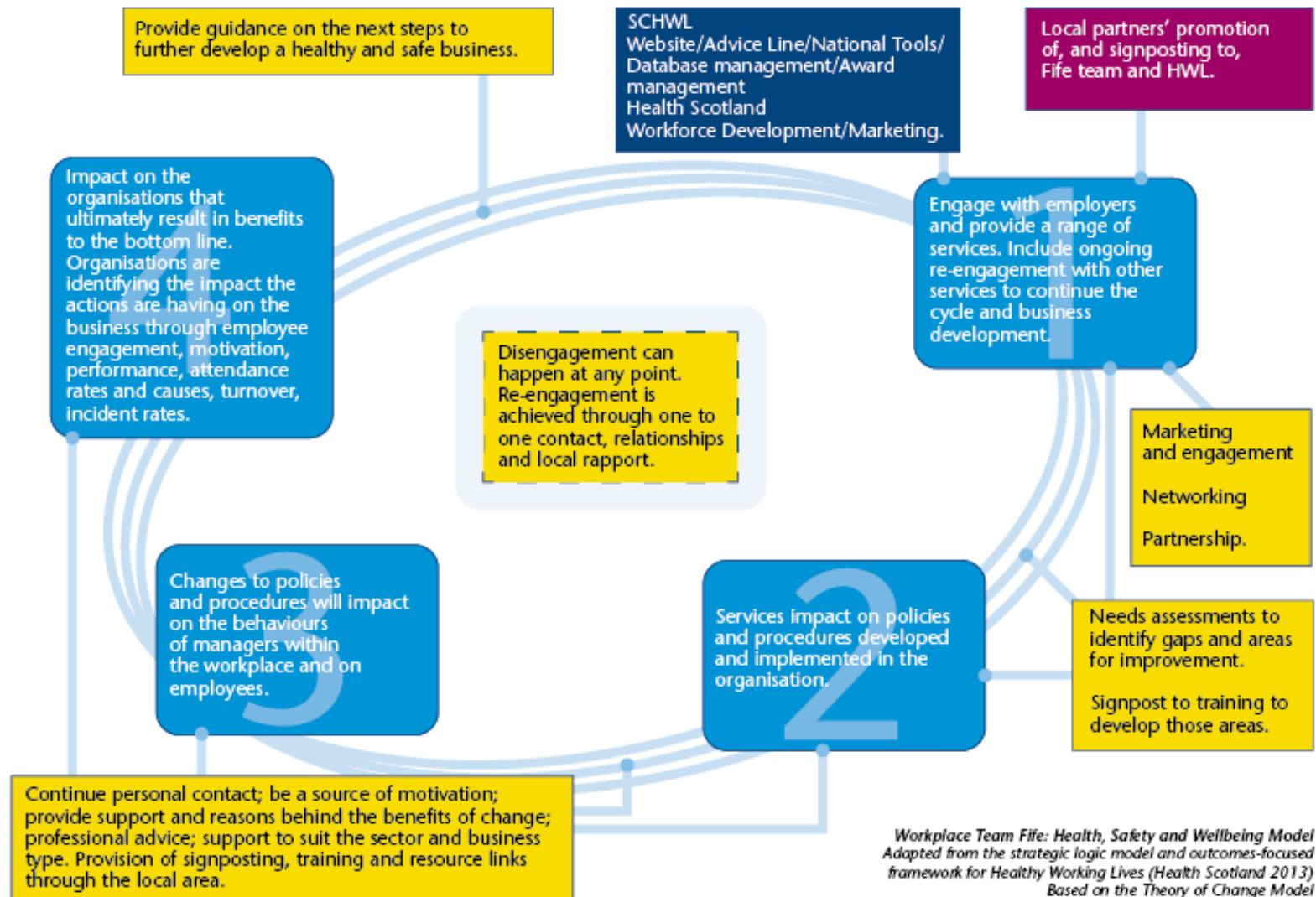


Alan Gow

Regional OHS Adviser,
Workplace Team, Health Promotion,
Fife Health & Social Care Partnership

Context

Workplace Team Fife: Service Pathway



*Workplace Team Fife: Health, Safety and Wellbeing Model
Adapted from the strategic logic model and outcomes-focused
framework for Healthy Working Lives (Health Scotland 2013)
Based on the Theory of Change Model*

Partnership Working:

Strengthening national and local partnerships



Working Health Services

- For workers in SMEs
- Vocational Rehabilitation
- Fast Track to services
- FREE
- 0800 019 2211



Do you work for a small to medium company with less than 250 employees?

Are you worried about your work being affected by a health condition?

If so Working Health Services can help.

This service offers free confidential advice and individualised health support, enabling you to remain at, or make an early return to work.

Working Health Services
Fife
0800 019 2211

Supporting Healthy Working Lives

A fit for work service

For more information and support
call us free on
0800 019 2211



Fit for Work Scotland

Fit for Work
Scotland

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About Fit for Work

Fit for Work assessment

Employers

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Help an employee back to work with a free Fit for Work assessment

If your employee has been absent from work for 4 weeks or more, you can now refer them for a free work-focused assessment by phone.

Find out more 



Fife Health & Wellbeing Alliance

Tackling Health Inequalities in Fife

Marmot's Core Characteristics of good work:

- Safe and secure
- Autonomy
- Demanding whilst not overtaxing
- Fair reward
- Development – Achieving potential
- Non-threatening – without discrimination
- Employee voice
- Worklife Balance
- Rehabilitating
- Health Promoting

Safe & Secure:





Safe & Secure:

A safe working environment

88,000 workers in Scotland, 3% of the workforce, reported illness caused or made worse by work in the previous 12 months, while 33,000 reported stress, depression or anxiety caused or made worse by work.¹²



- **Decent Work for Scotland's Low-Paid Workers: A job to be done (2016)**

Safe & Secure: Raeburn Construction, Kirkcaldy



The image shows the cover of the Fifelife magazine, Autumn 2015 issue. The top section has a green header with three circular icons and text: 'Crossed Loads on at Lochore Meadows Page 13', 'Well Together Information and advice on eating as a family Page 17', and 'New partnership a 'one-stop-shop' for local businesses Page 20'. Below this is a blue banner with the text 'LEARN MORE ABOUT YOUR LOCAL SERVICES • AUTUMN 2015' and 'SUBSCRIBE TO FIFELIFE'. The main title 'Fifelife' is in large green and blue letters. Below the title is a photo of Sarah Raeburn and three construction workers in hard hats and high-visibility vests standing in front of a white truck with 'Raeburn Construction Services' and 'TB290' written on it. A 'SUBSCRIBE' button is visible on the right side of the cover.

LEARN MORE ABOUT YOUR LOCAL SERVICES • AUTUMN 2015

Fifelife

SUBSCRIBE TO FIFELIFE

Subscribe to the digital edition of Fifelife using the link below and have future editions emailed to you.

CLICK HERE TO SUBSCRIBE

Sarah Raeburn with staff from Raeburn Construction Services - one of the Fife businesses who have benefited from Healthy Working Lives support



Healthy Working Lives initiative supports local businesses

Support

NHS Fife is working alongside local businesses to improve the health of their workforce whilst helping them to save money.

The healthy working lives team works with employers to improve workplace health and wellbeing by providing specialist free and confidential services.

There are many benefits of a healthier workplace, including:

- Improved morale and motivation
- A more productive workforce
- Reduced absence and staff turnover rates

In addition to improving the health of their workforce, local businesses are also reaping the financial benefits of participation in the initiative, with firms involved saving an average of £17,865 in the last year.

Alan Gow, an advisor with Healthy Working Lives Fife said: "We're here to help employers create a safer, healthier and more motivated workforce.

"Our principle focus is to work with employers to enable them to understand, protect and improve the health of their employees.

"This also means they will be better placed to support those with health problems who have re-entered work, to remain in work."

Read more on page 3

Health Promoting: Celebrating Good Work 2016



Non-threatening – without discrimination: Safer Lone Working



Rehabilitating: Employ with Confidence Event 2016



Training and Events

Alcohol and Drugs in the Workplace Training



REHIS Health & Safety

Carer Positive Workshop



Moving forward into 2017...

- Ageing Workforce and Employers in Fife Research
- Coordinate programme of disability and mental health awareness training for employers
- Different name, Same Great Service

Find out more!

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