

Alzheimer Scotland Community Group Calendar - Glenrothes - September 2018



Glenrothes	Group	Time	Where	Details
Monday	Social Activity Group Opening 17/09/18	10.00am – 12.00 noon	Otter's Head Pub Woodside, Glenrothes	A social group for people living with Dementia, their families, friends and carers for reminiscence and social activities.
	Social Group	1.30 – 3.30pm	Gilmour Court Blair Avenue, Glenrothes	A social group for people living with Dementia for reminiscence and varied activities.
Tuesday				
Wednesday	Forget-Me-Not	10.00am – 12.00 noon	St Columba's Church Roths Road, Glenrothes	A social group for people living with Dementia providing varied activities and reminiscence.
Thursday	Musical Memories	2.00 – 3.30pm	St Ninian's Church Cawdor Drive, Glenrothes	Music reminiscence and music related activities for people living with Dementia, their family and friends.
Friday	Information Café	12.30 – 2.00pm first Friday of each month	Roths Halls Glenrothes	Meet other families and find out about support available.

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