

Making Good Things Happen

A chance to have a real say on what can help individuals develop friendships and relationships across Fife



What is this all about?

Fife Council want to find out how services and local groups can help people with learning disabilities lead good lives. One of the things they are really keen to find out is about the help and support people might need to do more things, make new friends and develop romantic relationships. They want to know what you think are the kind of things they could help provide. Fife Council have asked Heartfelt to help with this.

This survey is just some questions to help you have your say. **(If you are an individual who gets support, you may want to ask someone to help you with this. This could be your parent/carer, friend, family member, support worker etc.)**

It has some small steps for you to do.



The next page is all about you



After that, some questions about what's needed



All about Me...

Who I am



My Name is: (if you do not want to give us your name then that is ok)



**Why are you interested in friendships and relationships?
For example are you a professional/an individual who
gets support/a family carer?**

The things you do just now...



Do you think there is enough done to help individuals with a learning disability meet new friends and develop new relationships?

YES

NO

The things people do just now...

What works well just now in giving individuals things to do and a chance to make friends?



The things you do just now...



What has not worked well?



What are your ideas for making things better?

The things you might do in the future...



Would you/the person you support/your family be interested in trying new things?

Yes

No

Don't know

Your ideas for the future...

Out of the list below, what do you think would be the coolest and best thing for Fife Council to do to help you lead a good life and do the things you want to do...the kind of dreams you have for the future. You can give each one a score of between 1 and 10. A score of 1 would mean rubbish, a score of 5 would mean OK and a score of 10 would mean fantastic! You can give each one any score you wish between 1 and 10.

A dating agency

More help and support being available

More choice of where to go

More sport and leisure activities

Training on relationships

A local night club that has a night specifically for people with disabilities

More help to become more confident

More groups like hill walking, football or drama

Keeping things the same and not changing anything

A drop-in in a local community centre

What happens next...

Lots of people will have ideas about what kind of things would help adults with a learning disability lead good lives by having more things to do and friends and partners to do them with. Everything that people say will be listened to and then we will try and make sure people get as close to the things they want as possible. As well as things like this questionnaire, we have interviewed people and brought groups together to talk, listen and share ideas. We will then make a report and present this to everyone.

**THANK
YOU**

A GREAT BIG

FOR DOING THIS.

Hopefully we can get it right and make good things happen for people with learning disabilities in Fife.

