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Support, advice and information for people with autism, their families and professionals.



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# one stop shop

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## Scottish autism



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# The Fife One Stop Shop offers support, advice and information for people with autism, their families and professionals.

The Fife One Stop Shop is managed by Scottish Autism, an organisation dedicated to enriching the lives of people with autism. Our approach is based on the understanding that autism is multi-dimensional and therefore, each individual and family may face unique challenges and require varying levels of support. Our aim is to provide information and advice that is meaningful to each individual and family situation.

As well as acting as an information hub, the One Stop Shop works closely with other groups and agencies, collaborating to understand and respond to the needs of the autism community.

Our experienced and friendly One Stop Shop team provide:

- A safe and friendly place to speak confidentially to someone who understands autism.
- One to one sessions for individuals, parents and carers.
- Workshops to help understand autism.
- Support to access other services.
- Guidance for those seeking diagnosis.
- Access to information and resources about autism.

**For information, advice or an appointment with an autism advisor, please contact us by:**

 **Phone: 01592 645350**

 **Email: [fifeoss@scottishautism.org](mailto:fifeoss@scottishautism.org)**

 **Find us on Facebook 'Scottish Autism One Stop Shop Fife'**

**Check our website for monthly calendars and updates:**

 **[www.fifeoss.org](http://www.fifeoss.org)**

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