



Family Learning Activities
At
Ladybird Family Nurture Centre
14th January till 22nd March
2019



All groups are now call to book a place

Monday

Family Fun Activities

A free, fun group for children 0 > 5 with their parents/carers with a focus on arts and crafts.

Card Making, Baking, Messy Play and Stories

1:30pm till 2:30pm at Ladybird Family Nurture Centre

Tuesday

Breakfast with Bookbug

Come along and join Bookbug for breakfast, songs and stories

9am till 10am at Ladybird Family Nurture Centre

Baby Massage

Massage group for parents/carers and their babies from 6 weeks till 6 months

10:30am till 11:30am at Ladybird Family Nurture Centre

Feel Good Group

Parents/Carers group for support, advice and craft activities

1pm till 3pm

Wednesday

Dad's Together

Group for Dads and Male Carers to come together for support, play and learning activities with their children

3:30pm till 4:15pm at Ladybird Family Nurture Centre

Thursday

Baby Massage

Massage group for parents/carers and their babies from 6 weeks

10am till 11am at Ladybird Family Nurture Centre

Adults Cooking Group

Learn new skills, try new foods and meet new friends

2pm till 3:30pm

Friday

Bookbug

A fun way to share stories, songs and rhymes with children under 5

Meet at the Rothes Halls Library

9:30am till 10:30am

For more information please contact

Ladybird Family Nurture Centre

01592 583477