

TRAINING PROGRAMME APRIL – SEPTEMBER 2022

Welcome

Welcome to our Fife Violence Against Women Partnership (FVAWP) Training Programme for March – September 2022. It brings together all the training co-ordinated by FVAWP.

Covid-19 impacted on all our lives, no more so than those of women and children living with domestic abuse, other forms of violence against women and those recovering from trauma. Training has never been more important to ensure staff are equipped to support women and children impacted by forms of violence against women. Fife Violence Against Women Partnership (FVAWP) have responded to meeting the needs of staff through the following training. This programme brings together all the training co-ordinated or recommended by FVAWP available for the next six months.

These organised learning opportunities cover a range of subjects, delivered through a variety of methods including e-learning and webinars for partners across Fife with the aim of providing workers and volunteers with the knowledge, confidence and skills to respond appropriately when working with individuals affected by genderbased violence. Being equipped with the skills and confidence to take the right action and approach in our practice could go a long way in reducing the gender inequalities that exist.

Please check the table on each training course page for all the relevant information pertaining to that course (including booking links). Please note that some courses will have pre-requisite requirements i.e., completing another Level 1 course before proceeding to a Level 2 course.

All the training listed is free except for Safe and Together. Some are run by FVAWP staff and others by partners from both the voluntary and statutory sectors. We hope that these shared connections will enable further courses and learning opportunities to develop to meet people's needs. We are also in the process of developing new courses and these will be included in our next programme running from October 2022 – March 2023 to meet service, training, and developmental needs within Fife.

If you require any information about any of the courses organised by FVAWP please contact us by emailing fvawp@fife.gov.uk.

Happy learning!



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(unless otherwise instructed) or the learning will not be accredited to your learning account*

Feedback from participants on FVAWP courses

Excellent course. Really well presented and very informative. I would recommend anyone dealing with male perpetrators to attend this training As always the training was excellent with experienced instructors. I really enjoyed the session and listening to other experiences. Thank you.

I gained an insight into how MARAC works, from the initial referral to all agencies coming together to discuss and action a personcentred approach to forming the Plan of Safety for the person(s) involved. Attending this training will help to build confidence and reassurance that should I come across someone that I suspect of being a victim of domestic abuse that I should ask. If the victim is not at the stage in their lives where they want to accept help, I will not pass judgement.

Hearing the experience of others, lots of information to pass on to other team members, hearing the wording and phrases to use when working with survivor's, hearing about the effects of trauma and male survivors' additional barrier was useful.

I really enjoyed the course. It was clearly well thought through and had the right balance of theory and application. The leaders were insightful and knowledgeable. It's one of the best courses I've attended in a long time. Thank you I gained more knowledge about the impact of domestic abuse upon children and how to better work with both perpetrators and victims to ensure children are safeguarded

A better understanding of the different types of stalking and how these behaviours might escalate This training has given me the confidence in working with survivors, knowing it is okay to simply listen, ensure those disclosing do not feel any pressure, reassuring we are on the right track at the clinic when using physical strategy to address trauma.

Good course well presented. It's also a daily reminder how anyone can be victims...

Insight and understanding of perpetrators' actions and impact on the whole family, using the Power and Control wheel. I now have knowledge of Safe & Together and how professionals work with perpetrators using the Caledonian system Refresher course on Domestic Abuse, good to go through scenarios & refresh myself with what is the best advice for that person, what services can help etc.

FVAWP LEVEL 1 E-Learning





Human Trafficking (FVAWP Level 1 E-Learning)



Human trafficking is about the illegal trade of human beings for exploitation, which also encompasses the offence of slavery, servitude and forced or compulsory labour. A trafficking victim does not have to cross international boundaries. Trafficking can take place within Scotland, in our towns and cities as well as in rural locations.

Fife Council has developed an excellent e-learning awareness programme designed to provide staff from all agencies with a basic understanding of the issues relating to the human trafficking of children and adults.

The materials for this course have been adapted using the Scottish Government 'Human Trafficking: Reading the Signs' DVD along with information contained in other documents e.g. The Trafficking & Exploitation Strategy 2017.

Human Trafficking	Fife Council Employee	Non-Council Employees
Platform	E-learning	
Cost	Free	
Access	Log on to Oracle Cloud Learning, and search for "Human Trafficking".	Link can be accessed HERE
Time	1 hour	
Dates	Can be accessed at any time	

Human Trafficking has become a key focus for the Scottish Government in recent years who have published the 'Trafficking & Exploitation Strategy 2017'. If you want more information about the strategy, click <u>HERE</u> to open the strategy document from the government website. The document will open in a new window.



Domestic Abuse Awareness Raising Tool (FVAWP Level 1 E-Learning)



Domestic Abuse Awareness Raising Tool (DAART) is available to professionals from all sectors in Fife. It is appropriate for staff induction, refresher training and will become a prerequisite for the FVAWP training programme. The DAART builds on the Domestic Abuse Matters Scotland programme developed for Police Scotland in collaboration with partners ASSIST, the Caledonian System, Sacro and Scottish Borders Safer Communities team as part of the implementation of the Domestic Abuse (Scotland) Act.

The module includes:

- The definition and prevalence of Domestic Abuse
- The Domestic Abuse (Scotland) Act 2018
- General awareness and identification of Domestic Abuse, including coercive control
- Safe responses and referral pathways

It reflects real experiences of women, children, men, LGBT people and the BME community. It includes case studies that show tactics perpetrators use to manipulate victims and responders, as well as the impact of Domestic Abuse and coercive control on the whole family.

DAART	Fife Council Employee	Non-Council Employees	
Platform	E	E-learning	
Cost		Free	
Access	Log on to Oracle Cloud Learning, and search for "Domestic Abuse Awareness Raising Tool"	Link can be accessed HERE	
Time		1 hour	
Dates	Can be acc	Can be accessed at any time	
	a pre-requisite for the following cours c Abuse and the Protection of Childre		

- MARAC

- Engaging Safely with Male Perpetrators of Domestic Abuse

The Disclosure Scheme for Domestic Abuse Scotland (DSDAS) aims to prevent domestic abuse by giving people the right to ask about the background of their partner or power to tell individuals that they may be at risk in their current relationship.

For more info, please click <u>HERE</u>



Sexual Violence Basic Awareness Training (FVAWP Level 1 E-Learning)



Rape and sexual assault are non-consenting sexual acts. The key risk factor for experiencing sexual violence is being female, but anyone can be a victim, at any time in their life. In most cases, these assaults are carried out by someone known to the victim – a partner, ex-partner, friend, family member or work colleague. Mostly the sexual assaults are committed indoors, usually in the home.

It can happen only once or repeatedly - some people are raped or sexually assaulted by different people at different times in their lives - some women are raped and / or sexually assaulted over many years living with an abusive partner

IDAS offers FREE online "Sexual Violence Basic Awareness Training". This beginner's training course is aimed at individuals in organisations and voluntary groups who work with adults to give a basic awareness of issues surrounding rape and sexual violence. A few slides of the content are area specific however, this is minimal, and many statistics look at the UK.

Sexual Violence Basic	Fife Council Employee	Non-Council Employees
Awareness		
Platform	E-le	arning
Cost	F	ree
Access	Click HERE to access	
	Learners must make an account to register for the course.	
	Please note this also, allows you access other courses.	
Time	1 hour	
Dates	Can be accessed at any time	
**This course is a p	**This course is a prerequisite for ALL Rape & Sexual Assault webinars	
includi	including Historical Childhood Sexual Abuse **	

Are you supporting somebody who has been a victim rape/sexual assault?

FVAWP developed a resource which may be of use. PRACTITIONER'S GUIDE: Supporting Adult Victims of Rape & Sexual Assault <u>Click **HERE** to access</u>.





(Trauma Tier 1 Training & FVAWP level 1 E-Learning)

The term trauma can refer to a wide range of traumatic, abusive or neglectful events or series of events (including Adverse Childhood Experiences (ACEs) and trauma in adulthood) that are experienced as being emotionally or physically harmful or life threatening. Whether an event(s) is traumatic depends not only on our individual experience of the event, but also how it negatively impacts on our emotional, social, spiritual and physical wellbeing. We are all affected by traumatic events in different ways.

In summary, psychological trauma can be understood in terms of the 3 E's:

- the Event
- how it is Experienced
- and its Effects

Fife Council's Becoming Trauma Informed (Trauma Tier 1 Training) E-Learning Module has been developed to **meet the needs of all employees** who could potentially come into contact with individuals who have been affected by trauma in their lives. **If you have a support role you should complete Trauma Tier 2 training page 8.**

Becoming Trauma Informed – Tier 1	Fife Council Employee	Non-Council Employees
Platform	E-le	earning
Cost	Free	
Access	Log on to Oracle Cloud Learning, and search for "Becoming Trauma Informed (Trauma Tier 1 Training)"	Can be accessed through link HERE
Time	1 hour	
Dates	Can be accessed at any time	

The Opening Doors: Trauma Informed Practice for the Workforce animation was developed by NHS Education for Scotland, in partnership with the Scottish Government. It is designed to be relevant to all workers within the Scottish workforce. It aims to support workers to know how to adapt the way they work to make a positive difference to people affected by trauma and adversity. Click <u>HERE</u> to access.



Introduction to Child Sexual Exploitation (FVAWP Level 1 E-Learning)



Child sexual exploitation (CSE) is a type of sexual abuse. When a child or young person is exploited, they're given things, like gifts, drugs, money, status and affection, in exchange for performing sexual activities.

CSE is a significant issue for children and young people in the UK and is more prevalent and widespread than you may think. This is in part due to the ever-growing use of technology in our communications. It is therefore highly relevant for anyone working with children, young people and families and will provide a comprehensive introduction to this challenging subject. CSE is not just something that 'other' communities have to deal with but could well be happening to children and young people that you know.

The course is a mixed media presentation which will guide you through key messages in a clear, straightforward and interesting way. Video and audio are used to explain and illustrate important learning points making it an effective and time saving tool to help you understand more about CSE. You can work at your own pace and revisit the module as often as you like in order to complete your learning. On completion of the module, you will be emailed certificate, your key course documents, as well as any notes that you took during the module, for you to keep and refer to as you wish.

Child Sexual Exploitation	Fife Council Employee	Non-Council Employees	
Platform	E-le	earning	
Cost	F	Free	
Access	Click HERE to access.		
	Learners must make an account to register for the course. This also, allows you access other courses. The platform instructs you to add the course to your cart.		
Time	2 hours		
Dates	Can be accessed at any time		

The National Action Plan to Prevent and Tackle Child Sexual Exploitation -the vision of the national action plan is that Scotland will be a place where sexual exploitation of children and young people is eliminated – a Scotland where children and young people are protected from harm and where society is a hostile place for perpetrators and facilitators of child sexual exploitation. Click **HERE to access**

FVAWP LEVEL 2 E-Learning





Awareness of Forced Marriage (FVAWP Level 2 E-Learning)



A forced marriage is where one or both spouses do not (or, in the case of children / young people / adults at risk, cannot) consent to the marriage and duress is involved. Duress can include physical, psychological, financial, sexual and emotional pressure, threatening conduct, harassment, threat of blackmail, use of deception and other means. It is also 'force' to knowingly take advantage of a person's incapacity to consent to, or understand the nature of, the marriage. Duress may be from parents, other family members and the wider Community.

The Home Office offers free training on "Awareness of Forced Marriage". The course covers what forced marriage is; who is at risk; implications; and acting upon concerns. The course is interactive throughout, and participants can select their occupation for a personalised guide on how to deal with situations in your work. Recommended for frontline workers that would like an overview of Forced Marriage, there are links to Scotland specific legislation.

Forced Marriage	Fife Council Employee	Non-Council Employees
Platform	E-le	arning
Cost	Free	
Access	Click HERE to access	
	Learners must make an account to register for the course.	
	Please note this also allows you access other courses.	
Time	1.5-2 hours	
Dates	Can be accessed at any time	

Are you supporting somebody who has been or is at risk of becoming a victim of Forced Marriage?

Scotland's Domestic Abuse and Forced Marriage helpline is available 24 hours a day, 7 days a week on 0800 0271234

FVAWP developed a resource which may be of use PRACTITIONER'S GUIDE: SUPPORTING THOSE AT RISK OF Forced Marriage. Click **HERE** to access.



Recognising and Preventing FGM (FVAWP Level 2 E-Learning)

E-LEARNING

Female Genital Mutilation (FGM) includes all procedures involving the partial or total removal of the external female genitalia or other injury to the female genital organs for non-therapeutic reasons.

It is estimated that 60,000 girls under the age of 15 are at risk of FGM in the UK and that 137,000 girls and women are living with the consequences of FGM in the UK. The number of individuals from FGM practicing communities is increasing in Scotland. Tackling FGM in Scotland.

The Home Office offers training on female genital mutation "Recognising and Preventing FGM". The course covers what FGM is; who is most at risk; health implications; taking action and finishes with case studies to work through. Recommended for frontline workers that would like an overview of FGM, although it is targeted at England and Wales it is still very much appropriate for Scottish Staff.

Recognising and	Fife Council Employee	Non-Council Employees
Preventing FGM		
Platform	E-le	earning
Cost	F	Free
Access	Click HERE to access.	
	Learners must make an acc	count to register for the course.
	Please note this also allow	ws you access other courses.
Time	1.5-2	2 hours
Dates:	Can be acces	ssed at any time

Are you supporting somebody who has been a victim of FGM?

FVAWP developed a resource which may be of use.

PRACTITIONER'S GUIDE: SUPPORTING THOSE AT RISK OF Female Genital Mutilation. Click <u>HERE</u> to access



Being 'Trauma Informed' means being able to recognise when someone may be affected by trauma, collaboratively adjusting how we work to take this into account and responding in a way that supports recovery, does no harm and recognises and supports people's resilience.

Being 'Trauma Informed' is underpinned by the 5 Rs:

Realising how common the experience of trauma and adversity is

Recognising the different ways that trauma can affect people

Responding by taking account of the ways that people can be affected by trauma to support recovery

Opportunities to **Resist re-traumatisation** and offer a greater sense of choice and control, empowerment, collaboration and safety with everyone that you have contact with

Recognising the central importance of **Relationships.**

NHS Education for Scotland have a Developing Your Trauma Skilled Practice (Trauma Tier 2 Training) Module on TURAS that's a broad introduction to trauma and has lots of links to other resources. For all disciplines/staff groups (although refers to health workers at some points).

Developing Your Trauma Skilled Practice	Fife Council Employee	Non-Council Employees
Platform	E-le	earning
Cost	Free	
Access	Click HERE to access Learners must make an account to register for the course. Please note this also allows you access other courses.	
Time	1.5-2 hours	
Dates	Can be acce	essed at any time

Sowing the Seeds animation was developed by NHS Education for Scotland, in partnership with the Scottish Government. It is designed to be relevant to all workers within the Scottish workforce who work with children and young people. It aims to support staff to understand the impact of trauma and to know how to adapt the way they work to make a positive difference to the lives of children and young people affected by trauma. Click <u>HERE</u> to access.

FVAWP - LEVEL 2 Webinars





Identifying and Working with Stalking Behaviours FVAWP (Level 2 Webinar)



Office for National Statistics stated that 1 in 6 women and 1 in 12 men experienced stalking in their lifetime. This is thought to be grossly underestimated.

Join Criminal Justice Social Worker's Kim Ritchie-Nicol and Jennifer Campbell for a discussion on how to improve knowledge and practice in working with those who display stalking behaviours and their victims.

Every Stalking case is different, however, very often perpetrators use similar tactics driven by comparable motives. The seminar aims to explore tactics, techniques and motives employed by many stalking perpetrators.

This course is suitable for anyone who might provide support to a client who is experiencing Stalking.

Identifying & Working	Fife Council Employee	Non-Council Employees
with Stalking Behaviours		
Platform	Microso	ft teams
Cost	Fr	ee
Access	Book through Oracle. Click on the learning tab and search for FVAWP – Identifying and Working with Stalking Behaviours	Booking link can be found HERE
Time	1.5 hours	
Seminars planned	20 th April (10:00-11:30) Limited Spaces 22 nd August (10:00-11:30) Limited Spaces	

Operated by the Suzy Lamplugh Trust, the National Stalking Helpline gives practical information, support, and advice on risk, safety planning and legislation to victims of stalking, their friends, family, and professionals working with victims.

For more information click <u>HERE</u>



Domestic Abuse and the Protection of Children FVAWP (Level 2 Webinar)



In the 2020-2021 time period 21% of children referred to Children's Reporter in Scotland had domestic abuse as the primary concern. In Fife this was 9%

Just as every child's experience of domestic abuse is different, every child will be affected differently. Factors like age, stage, personality, and how they're seen by the abusing and non-abusing parent will all impact on this. The impact of domestic abuse on a child should be understood as a consequence of the perpetrator choosing to abuse rather than the non-abusing parent's/carer's failure to protect.

Participants explore the complexities of domestic abuse and steps involved in keeping children and young people safe from harm, and recognising the impact of perpetrators coercive behaviour on adult and child victims. Participants are briefly introduced to the Safe & Together approach, which focuses on harm to children, supporting the non-abusing parent and holding the perpetrator to account. It is designed to support and enhance practice alongside existing child protection guidelines and GIRFEC (getting it right for every child) obligations.

Domestic Abuse & the Protection of Children	Fife Council Employee	Non-Council Employees
Platform	Microsof	t teams
Cost	Fre	96
Access	Book through Oracle. Click on the learning tab and search for FVAWP – Domestic Abuse and the Protection of Children	Booking link can be found <u>HERE</u>
Time	6 hours	
Seminars planned	15 th June (9:30-15:30) Limited Spaces	
Pre-requisites	***Complete FVAWP E-learning (on Page 2) – Domestic Abuse Awareness Raising Tool***	

FVAWP'S Good Practice Guide was developed to support and develop practitioners understanding of the impact of domestic abuse on children and non-abusing parents/ carers when carrying out an assessment to determine risk. Illustrating how risk should be managed to keep the child and the non-abusing parent/carer safe. Click <u>HERE</u> to access





(Multi-Agency Risk Assessment Conference) (FVAWP level 2 Webinar)



A Multi Agency Risk Assessment Conference (or MARAC) is a meeting that is held to discuss the most high-risk cases of domestic abuse and sexual violence, to share information and to safety plan to safeguard a victim. The MARAC will specifically address the safeguarding needs of the adult victim but will also take into consideration any children or unborn babies. It brings together agencies who may be working with an individual but by sharing information between them, a much more informed risk assessment and safeguarding action plan can be put in place (a Risk Management Plan or RMP)

Professionals who attend may include those from police, social work, health, housing, and Women's Aid. Other organisations may also be invited to attend where relevant.

MARAC	Fife Council Employee	Non-Council Employees
Platform	Microsoft teams	
Cost	Free	
Access	Book through Oracle. Click on the learning tab and search for FVAWP – MARAC	Booking link can be found HERE
Time	2 hours	
Seminars planned	26 th April (10:00-12:00) Limited Spaces 22 nd June (10:00-12:00) Limited Spaces 18th August (10:00-12:00) Limited Spaces	
Pre-requisites	***Complete FVAWP E-learning (on Page 2) – Domestic Abuse Awareness Raising Tool***	

Whatever service/ organisation you work in, you will be in contact with victims of domestic abuse. This webinar will provide key information about the MARAC process and received excellent feedback when it began in 2021.

To refer an individual into MARAC a DASH Risk Checklist should be completed. If an individual scores 14 or above, they should automatically be referred into MARAC. An individual scoring less than 14 may also be referred if, in the professional's judgement, there are serious concerns that should be considered. Consent does not necessarily need to be obtained for a referral to be made.

More information on MARAC can be found HERE



Engaging Safely with Male Perpetrators of Domestic Abuse FVAWP (Level 2 Webinar)



This course is the first of its kind in Scotland

The aim is to *"Ensure that safety of women and children is the primary goal of all work with male perpetrators"* – 'Respect' Statement of Principles and Minimum Standards of Practice (2004)

Often, practitioners support families where Domestic Abuse is a central dynamic in the family home. While many receive comprehensive training on how to support survivors and their children impacted by Domestic Abuse, they are limited learning opportunities in working directly with the perpetrators. Understandably practitioners worry about increasing risk to women and children.

This training provides participants with an introduction and overview to engaging safely with male perpetrators of Domestic Abuse.

It also looks at tactics commonly used by perpetrators of domestic abuse and effective communication methods that could be used to engage with them.

It provides a safe space for practitioners to consider and discuss concerns, challenges, and solution for working with families experiencing domestic abuse.

Engaging Safely with Male Perpetrators of DA	Fife Council Employee	Non-Council Employees
Platform	Microsoft teams	
Cost	Free	
Access	Book through Oracle. Click on the learning tab and search for FVAWP – Engaging Safely with Male Perpetrators of Domestic Abuse	Booking link can be found HERE
Time	2.5 hours	
Seminars planned	25 th May (10:00-12:30) Limited spaces 7 th September (9:00-12:00) Limited spaces 7 th September (13:30-16:00) Limited spaces	
Pre-requisites	***Complete FVAWP E-learning (on Page 2) - Domestic Abuse Awareness Raising Tool***	

In this podcast episode David & Ruth Mandel discuss how domestic abuse perpetrators target practitioners in different systems, and why those systems are so vulnerable to these tactics. They highlight the vulnerabilities of family court, criminal justice, and child welfare. They discuss how to recognise when a perpetrator is manipulating your system to harm a victim, and how to resist. Click **HERE** to access



Safe and Together CORE Training FVAWP (Level 2- Blended Learning)



Safe and Together is an evidence-based model which focuses on harm to children and supports the non-abusing parent in cases of domestic abuse. This child centred model identifies harm to children, as well as protective and resilience factors. It looks at the facts of the case including behavioural patterns of the perpetrator, protective efforts of the non-abusing parent and how these interrelate and looks specifically at the adverse impact on the children. It is designed to support and enhance practice and will be used alongside existing child protection guidelines and GIRFEC obligations. The aim of this is course is for participants to develop a greater awareness and understanding of the nature and scope of domestic abuse, its impact and consequences and its intersections with child safety, wellbeing and protection through the Safe and Together approach.

Domestic Abuse informed practice requires competencies in assessment, interviewing, documentation and case planning. Safe and Together Institute's CORE Training offers 4 modules of training covering each of these foundational skills.

The training will be delivered using a blended approach of webinars and e-learning content. Please note the certification of completion will be given after participants pass the online assessment.

The course is suitable for professionals working directly with families affected by Domestic abuse including practitioners from Health, Education, Social Work and Third Sector Organisations.

Safe & Together CORE	Fife Council Employee	Non-Council Employees	
Platform	Blended learning - Microsoft Teams and e-learning modules		
Cost	£120 per applicant		
Access	To register your interest please contact fvawp@fife.gov.uk Your name will be added to the waiting list, and you will then be notified of the next intake.		
Time	4 online sessions and 4 self-paced modules, including an assessment		
Dates	TBC		

The Safe and Together Institute have released podcasts. These are reflection of Ruth & David's on-going conversations which are both intimate and professional and touch on complex topics like how systems fail victims and children, how victims experience those systems, and how children are impacted by those failures. To listen Click <u>HERE</u>.



What to expect when accessing your chosen Virtual Workshop/Webinar.

Joining the Webinar:

You will receive a link within 48 hours of acceptance onto the course. This link will give you access to the session. **PLEASE SAVE THIS EMAIL **

On the training day and time just click on the link and follow the joining instructions. If you do not already have a Microsoft Teams you can access through your browser.

If you do not receive a link in the time stated – please notify learningadminbusinesssupport@fife.gov.uk as soon as possible.

Start time:

The Workshop will start at the time stated i.e., if it is scheduled for 2pm then it will start on or as close to this time as possible. Participants joining after the start time may not be able to join the Workshop; this will be at the discretion of the trainer(s).

Trainers will open the Workshop at 5 minutes prior to the start of the session to give participants plenty of time to join and sort out any access issues they may encounter.

During the Workshop:

The trainer(s) will begin the Workshop by guiding you through some 'Virtual Housekeeping' rules such as how and when to use the buttons on the control panel. Each Workshop requires participants to use different functions. The trainer(s) will guide you through what is required.

Please do not use offensive language Mute your microphone unless speaking Please follow the guidance of the trainer(s) Please raise your hand if you wish to speak Keep any discussions of casework anonymous

After the Workshop:

Participants will have been emailed the link to the MS Forms evaluation. You will be asked to complete this asap after the Workshop is complete.

Useful Links and Publications

FVAWP has a **designated** <u>page</u> within Fife Council website this includes a list of key resources, publications, campaign materials and relevant links. All of which, can be accessed <u>HERE</u>.

The Fife Violence Against Women Partnership co-ordinates **public awareness campaigns** with partners. Graphics for a select few have been can be accessed here <u>HERE</u>.

Together, Alone is part of CLiCK Magazine, an online platform created by CLiCK to amplify the voices, needs and experiences of women who sell or exchange sex or images during the coronavirus pandemic. It is a wellbeing arts project which aimed to work alongside women to build a collective **self-care toolkit**. The Toolkit can be accessed <u>HERE</u>.

National Training Available

Scottish Women's Aid offer a wide range of training opportunities, drawing nearly 40 years' experience of working with women, children and young people affected by domestic abuse. Click <u>HERE</u> to access programme.

Shakti Women's Aid offer practice-based training on issues affecting BME women experiencing domestic abuse. Click <u>HERE</u> to access programme.

The Scottish Child Law Centre offers training from experienced solicitors on a range of topics relating to children and young people and the law. Click <u>HERE</u> to access programme.

TURAS Training. Please click <u>HERE</u> to create an account and access other TURAS NHS Education for Scotland courses

