Signposting for teachers, parents, and children and young people from groups of who may be more vulnerable during this time of school closures and social isolation.

<table>
<thead>
<tr>
<th>Children who are:</th>
<th>Risks or concerns</th>
<th>Available advice and support</th>
</tr>
</thead>
</table>
| • looked after at home | • strain on or breakdown of relationships  
• strain due to financial/employment instability of primary carer  
• lack of confidence/capacity of parent to support wellbeing/education of child  
• lack of parental control and ability to ensure YP self-isolates/stays in  
• child protection issues  
• worry about upcoming Children’s Hearing | Advice for:  
Parents and Children and Young People  
• Local Social Work Offices (email/telephone)  
• Out of hours Social Work (email/telephone)  
• Barnardo’s  
• SCRA: Coronavirus and your Hearing  
Children and Young People  
• Childline |
| • in kinship or foster care | • strain on or breakdown of relationships  
• strain due to financial/employment instability of primary carer  
• breakdown of placement  
• lack of carer’s control and ability to ensure YP self-isolates/stays in  
• lack of confidence/capacity of carer to support wellbeing/education of child  
• worry about upcoming Children’s Hearing | Advice for:  
Kinship and Foster carers  
• Fosterline  
• Kinship Care Scotland  
Parents, Carers and Young People  
• SCRA: Coronavirus and your Hearing |
| • in a residential unit or school | • group living – higher risk of social contact and spread of virus  
• loss of placement due to unit closure (for financial reasons or due to virus)  
• strain on or breakdown of relationships  
• lack of stability and unit unsettled due to high staff absence  
• high levels of anxiety in staff and CYP  
• increased risk of mental health issues such as self-harming  
• worry about upcoming Children’s Hearing  
• breakdown of placement | Advice for:  
Local Authority Staff  
Link to Children’s rights teams  
Parents and Care Services  
• Information and guidance for care services and parents about Covid 19/school closures/staffing  
Parents, Carers and Young People  
• SCRA: Coronavirus and your Hearing |
| • in a secure care facility | • Last 3 points above plus  
• Increased risk of seclusion for long periods of time (due to contraction of virus or lack of staff to safely supervise)  
• high levels of anxiety in staff and CYP  
• increased risk of mental health issues eg. self-harming and professional support for this  
• worry about upcoming trial/children’s hearing | Advice for:  
Parents and Care Services :  
• Care Inspectorate: Information and guidance for care services about Covid 19/staffing  
Parents, Carers, and Children and Young People  
• SCRA: Coronavirus and your Hearing |
| **Inclusion, Wellbeing and Equality – COVID 19 Signposting, Advice and Support 26/03/20** |
|---|---|---|
| **complex ASN** | **strain on or breakdown of relationships** | **Advice for:**  
**Teachers, Parents, and Children and Young People** |
| | **strain due to financial/employment instability of primary carer** |  
| | **reduced contact with services to support care routines and moving and handling/postural management routines** |  
| | **increased risk of muscular-skeletal deterioration, bowel and chest management and cardio-vascular wellbeing due to reduced access to postural management equipment.** |  
| **deaf learners** | **deaf parents may find home-schooling difficult** | **Advice for:**  
**Parents and Children and Young People** |
| | **limited access to information and online learning suitable for deaf learners (or parents)** |  
| | **lack of ongoing mentoring/advocacy support as deaf learners often need face to face support** |  
| | **lack of targeted information in BSL** |  
| **anxious or have mental health issues** | **raised anxiety leading to distressed behaviours, such as, withdrawal, risk taking, self-harming, ...** | **Advice for:**  
**Young People** |
| | **lack of access to protective factors, such as, familiar places, people, routines...** |  
| | **lack of confidence or capacity of parents/carers to support their child or young person with their anxiety.mental health or the resulting behaviour** |  
| | **increase in anxiety or regression in mental health as isolation period progresses** |  

Advice for:  
- Afasic - National charity for Developmental Language Disorders offering advice, information and support.  
- Autism Toolbox – new Covid 19 information page  
- British Academy of Childhood Disability – Resources  
- CALL Scotland – symbol resources explaining Covid 19  
- CHAS – Support for those with life shortening conditions  
- ENABLE supporting disabled individuals  
- ENQUIRE: General advice - ASL  
- Mencap – how to involve children in decision making  
- PAMIS – Support and services for those with profound and multiple learning difficulties  
- The Sensory Projects - COVID 19 educational resources for home-schooling  
- Wellchild – National Charity for sick children

Advice for:  
- BSL video with Coronavirus (COVID-19) guidance  
- BSL glossary of subject terms  
- BSL - Coronavirus (COVID-19) Social Distancing YouTube  
- BSL users access to the online British Sign Language video relay interpreting service (VRS) 24/7  
- British Deaf Association Mentoring Officer Email: mentorscot.drp@bda.org.uk

Advice for:  
- Coronavirus (COVID-19) information for children, families and professionals  
**Young People**  
  - Young minds  
  - Mind for better mental health  
  - Childline – Your Feelings  
**Parents/carers**  
  - NSPCC – Keeping Children Safe
<table>
<thead>
<tr>
<th>Young Carers</th>
<th>Advice for:</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Young carers</td>
<td>• Unpaid carers</td>
</tr>
<tr>
<td>• Full time caring responsibilities may increase levels of stress over time</td>
<td>• Scottish Government advice about Covid-19</td>
</tr>
<tr>
<td>• Lack of confidence/capacity of parent to support wellbeing/education of child</td>
<td>• Supporting Young Carers in Education</td>
</tr>
<tr>
<td>• Lack of practical support for care of parent/sibling</td>
<td>• Carer’s Trust</td>
</tr>
<tr>
<td>• At risk of anxiety/mental health issues (see below)</td>
<td>Young Carer’s:</td>
</tr>
<tr>
<td>• Anxiety about lack of qualifications due to absence or poor performance due to effect of caring responsibilities</td>
<td>• Young Scot (NB. Young Carer’s Grants available)</td>
</tr>
<tr>
<td>• Lack of connection with or ability to review carer’s statement</td>
<td>• SQA website for guidance about exams/coursework</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>June School Leavers</th>
<th>Advice for:</th>
</tr>
</thead>
<tbody>
<tr>
<td>• June school leavers</td>
<td>• All</td>
</tr>
<tr>
<td>• Anxiety about lack of evidence for true assessment of levels due to previous absence or poor performance</td>
<td>SQA website for guidance about exams/coursework</td>
</tr>
<tr>
<td>• Pupils studying at N3/4 level – no prelims or potentially coursework due to absence</td>
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</tr>
<tr>
<td>• Worry that pupils will leave school without entrance requirements for College in September</td>
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</table>