

Dementia & Delirium Carers' Café

A friendly and supportive environment to get information and advice and chat with other carers.

- Informal relaxed atmosphere
- Expert advice and guidance
- Resources and information
- Tea and coffee provided



An informal event where carers can socialise and talk with other carers and staff from Alzheimer Scotland and NHS Fife Dementia Team

2019 DATES – VICTORIA HOSPITAL

Venue: Estates & Facilities Meeting Room,
Ground Floor, Phase 1, Victoria Hospital

Time: 12:30 – 1:30pm

Date: Last Thursday of the month

Thursday 31 January
Thursday 28 February
Thursday 28 March
Thursday 25 April
Thursday 30 May
Thursday 27 June
Thursday 25 July
Thursday 29 August
Thursday 26 September
Thursday 31 October
Thursday 28 November
No café in December