

Glenrothes is working to become Dementia Friendly

Are you living with dementia or caring for someone with dementia?

We want to hear about your experiences.

- Can you get out and about?
- Do you feel part of your community?
- Can you use shops and services?
- Do you feel respected and safe in your community?



We want to hear from you.

Please get in touch to take part.

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Dementia Friendly Community
Glenrothes



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DFGlenrothes](https://www.facebook.com/DFGlenrothes)

Online Survey:

www.surveymonkey.co.uk/r/DFGlenrothes



24 HOUR
Dementia
Helpline
Freephone 0808 808 3000
Email helpline@alzscot.org

**Alzheimer
Scotland**
Action on Dementia