

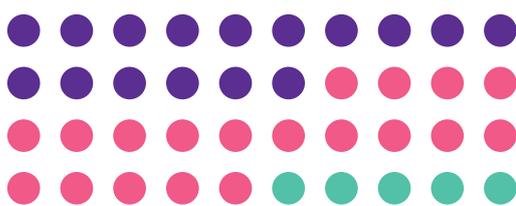
Dementia Friendly Glenrothes

End of Year One Report Summary Sheet



Dementia Friendly Glenrothes aims to build a community where:

- people with dementia and their partners, families and carers are understood, respected and supported,
- people with dementia can find their way around and feel safe,
- people with dementia have equal access to local facilities – even if they may need a little support to do so,
- people come together to learn about dementia and make some simple, practical changes that can make a huge difference to people living with dementia.



40 people in Glenrothes who are affected by dementia told us about their experiences as part of the consultation process for this work.

This includes **16 people living with dementia**, **19 carers** and **5 other relatives or friends** of people with dementia.

There were four major themes that local people with dementia and their carers talked about in relation to their ability to be an active part of the community:



Raising awareness



Confidence and Safety



Wanting to work or contribute to their community



Transportation

187 shops, businesses, services and community groups have been approached as part of this work. Of these shops, businesses, services and community groups, dementia friendly work has started with a total of 48 organisations.

These organisations have:

- had staff attend Dementia Friends awareness sessions,
- had an assessment of their premises,
- signed a commitment letter to the project,
- and/or appointed a Dementia lead.



3 organisations in Glenrothes have become dementia friendly – the Kingdom Shopping Centre, Glenrothes Foodbank and Aldi Glenrothes.

Work continues to support the other 45 businesses, services and community groups to become dementia friendly.



Dementia Friendly Walks have been established in Riverside Park and Dementia friendly health classes are part of the Michael Woods Sports and Leisure Centre's programme.



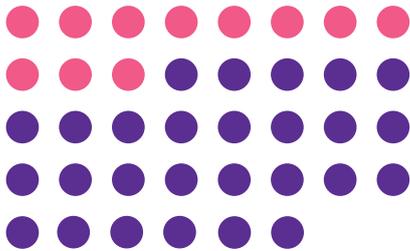
We have produced promotional leaflets and postcards to get local people who are affected by dementia, businesses, services and the local community involved in the work.



We hosted a Forget-Me-Not Tea to tell people about our work along with three other Dementia Awareness Week events in Glenrothes.



We have over 240 likes on our Facebook page.



11 Carers for people with dementia and **27 people living with dementia** responded to our evaluation survey. They told us that the following things would help make the community more dementia friendly:

- more community awareness of dementia (including in shops and businesses),
- more accessible information about transportation services for people with dementia,
- more accessible information about services for people with dementia,
- facilities being more accessible for people with dementia.

From community surveys, we learned that we should look into raising awareness about:

- some of the things that people who have been diagnosed with dementia may still be able to do and the range of abilities that people with dementia might have,
- the support needs of many carers for people with dementia.

In the next phase of the project, we hope to:

- engage more people who are affected by dementia in the dementia friendly work by developing a local reference group,
- improve access to information about the support available for people who are affected by dementia,
- look at dementia friendly employment in Glenrothes,
- extend the work to Leslie, Markinch, Coalton of Balgonie, Milton of Balgonie, Kinglassie and Thornton.

If you'd like to ask us more about the Dementia Friendly Glenrothes work, get in touch with the Project Manager, Amanda Hunter, by email at ahunter@alzscot.org or telephone at **01592 803 800**.

Or Like our Facebook page at www.facebook.com/DFGlenrothes