



**POLICE
SCOTLAND**
Keeping people safe
POILEAS ALBA

CYBER SAFETY & RESILIENCE TIPS

- **1 Be aware it could happen to you.**
The majority of crime involves an online element.
- **2 Think before you click.**
Curiosity, urgency, fear and greed are just some of the tactics used by criminals.
- **3 Beware of scams.**
Don't get caught by SCAMS - It's not just Phishing emails. It could be text, phone calls or social media.
- **4 Keep software up-to-date and use a reputable anti-virus provider.**
New threats and malware are released every day. Protect yourself and your devices.
- **5 Protect your passwords.**
Don't share your passwords. Make them unique and strong.
- **6 Use 2 Factor Authentication on accounts.**
Protect yourself with a 2nd layer of authentication.
- **7 Protect your data.**
Make regular back-ups, use secure WI-FI and encryption.
- **8 Protect your mobile devices.**
Keep your mobile devices securely locked and use a code, fingerprint or facial recognition to unlock.
- **9 Keep up to date. Visit -**
www.scotland.police.uk/keep-safe/keep-secure-online/cybercrime
- **10 Report Cybercrime -**
Call 101 (non-emergency) 999 (Emergency)

