

SUICIDE BEREAVEMENT SUPPORT IN THE WORKPLACE

We can help you through this difficult time.

We recognise how devastating it can be when a colleague, client or patient dies by suicide. The feelings can be overwhelming - some people may experience shock and depression, others report feelings of guilt and blame - and managers are often unsure how to navigate the aftermath.

Cruse Scotland are highly trained and experienced in dealing with grief following suicide. We are here to help you and your colleagues process what has happened and find a way to cope.

The Scottish Government is funding **free bereavement support for workplaces** until 31 March 2022. If this is something your team could benefit from, please contact us and we will design a support programme to meet your needs.

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Free helpline:
0808 802 6161