



CROSSROADS FIFE CENTRAL
Befriending Project

We are looking for

Volunteer Befrienders

**in Fife Central, Levenmouth
and North East Fife.**

**Use Your Skills and Knowledge
of your
Local Community
to help people affected by
Social Isolation and Loneliness**

Befrienders are valuable people in the community that can provide support to people who are socially isolated or suffering from loneliness. Befriending has the reward of enabling you to participate in your local community in a positive way by making a significant difference in someone's life.

At Crossroads Fife Central, we can support you to make a huge difference to your life and most importantly to someone else's.

To discuss becoming a befriender, contact;

Crossroads Fife Central,
Befriending Project
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