

# SUICIDE AWARENESS AND PREVENTION FOR MALES



**LOCAL PRACTICAL AND EMOTIONAL SUPPORT**

**ANXIOUS, HURT AND BOGGED DOWN WITH WORRY**

**FEELING LOW, WE'RE HERE TO HELP**

**WE'RE HERE FOR YOU BECAUSE WE CARE ABOUT YOU**

**WE'LL WALK WITH YOU EVERY STEP OF THE WAY**

**IT'S OKAY TO TALK ABOUT YOUR FEELINGS**



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