



Social Security Scotland
Tèarainteachd Shòisealta Alba

Find help to balance your budget

If you're on tax credits or certain benefits, you could be entitled to five family payments.



mygov.scot

0800 182 2222

Scottish Child Payment

A payment of £40 every 4 weeks for each eligible child under the age of 6.

Best Start Grant Pregnancy and Baby Payment

A £606 payment for a first child and £303 for other children. Plus an extra £303 if you have a multiple birth. You can apply from 24 weeks of pregnancy until your baby is 6 months old.

Best Start Grant Early Learning Payment

A £252.50 payment when a child is between the ages of 2 and 3.5 years. You can still apply if your child is not taking up a place at nursery.

Best Start Grant School Age Payment

A £252.50 payment to help eligible families with the costs of starting school. Visit mygov.scot/beststart for application dates and guidance on when to apply even if you are deferring.

Best Start Foods

Money every 4 weeks on a pre-paid card from pregnancy until your child is 3 years old.

Check if you are eligible and apply now at mygov.scot/benefits or by calling 0800 182 2222.

You may also be eligible for other benefits. Make sure you're not missing out by speaking to the Citizen's Advice Scotland Money Talk Team on 0800 085 7145.



HAPPY TO TRANSLATE

This information can be provided in alternative languages or formats by calling 0800 182 2222.