

Initial Phase Grant - Commissioning brief

Introduction

In line with Scottish Government policy and associated funding Local Authorities across Scotland are working to introduce their frameworks for 'Community Mental Health and Wellbeing Supports and Services' to meet the following objectives:

- Every child and young person in Scotland will be able to access local community services which support and improve their mental health and emotional wellbeing.
- Every child and young person and their families or carers will get the help they need, when they need it, from people with the right knowledge, skills and experience to support them. This will be available in the form of easily accessible support close to their home, education, employment or community.

Fife's Health & Social Care partnership, a partnership between Fife Council and NHS Fife, seeks bids for appropriately experienced voluntary sector organisations to partner with on the initial phase of the introduction of this framework in Fife.

Service Description

The service provided will sit within the Community Mental Health and Wellbeing Supports and Services Framework with close associations with Fife's Our Minds Matter framework for supporting young people's emotional wellbeing, for example it:

- Requires a whole-system approach to improving the mental and emotional health of children and young people, which is in line with a GIRFEC approach
- Promotes a co-ordinated approach to children's planning that brings professionals across different disciplines together to deliver the right support at the right time
- Aims to ensure needs are identified as early as possible to avoid bigger concerns or problems developing informed by service user views and participation
- Includes a Vision for children and young people to experience a seamless pathway through supports.
- Aims to deliver help that targets the following:

Distress	Positive Mental Health and Wellbeing
<ul style="list-style-type: none"> • Anxiety • Attachment • Bereavement Support • Depression (Mild to Moderate) • Emotional & behavioural difficulties associated with neurodevelopmental disorders • Gender identity • Repetitive/perseverative behaviours • Self-harm • Self- injury • Substance use 	<ul style="list-style-type: none"> • Body image and self esteem • Building resilience and coping strategies (emotional regulation) • Healthy and positive relationships • Healthy digital interaction • Parenting support for children and young people of all ages

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| • Trauma Awareness | |
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However, there are aspects of the remit that are broader:

Age range: The framework goes beyond school-aged pupils, focusing on children and young people aged 5-25 (>26 for care experienced young people)

Large focus across community development. Local partnerships are asked to clearly identify how community services and supports will be co-produced with children, young people and their families

Have clear links to **associated services**, which can support with poverty, homelessness, substance use etc

There is a strong emphasis on being able to clearly set out how **children, young people and families have been involved in providing views or designing support** and how this input will be sought going forward to ensure that the model continues to reflect local need. A key principle in the Promise

There's also a need to ensure **support for families and carers as well as children** and young people is targeted appropriately. Preventative support will also be made available to family members supporting their child or young person and whole family support where there is already significant stress.

In providing support and considering where such support should take place organisations are also asked to consider the physical environments in which services are delivered, with particular consideration around creating safe, **non-clinical community environments that are accessible to all.**

Initial Phase – Commissioned Service -Range of support and specific outcomes

The commissioned service will be required to deliver both a) general and b) specific supports in line with the framework as follows:

General support

The service will work collaboratively with other service providers to:

- a) Identify needs within each of the seven localities of Fife. This will include early discussion through each locality's 'Multi-disciplinary: People' groups and associated local services. This will achieve extended and enhanced approaches to understanding children and young people's (5-25/26) views and needs in relation to achieving the outcomes of this framework. Service deliverers will be required to regularly report the findings and impacts of this work to the framework's lead group and findings will a) contribute to forming the basis for future change, b) provide ideas and proposals for future service design.

This work should be established in such a way that it forms a sound basis for sustained, ongoing dialogue, engagement and partnership with young people around mental health and wellbeing beyond the period of this initial funding.

- b) Deliver extensions and enhancements to current service provision related to the framework within each locality. It is anticipated that these will lead to:
 - Improved resilience – personal capacity of children/young people, and their families, or carers, to resolve difficulties and problems
 - Improved mental health and emotional wellbeing of children/young people

- Target mental and emotional distress and wellbeing (as Early Intervention)
- Increased capacity of parents/carers in supporting the emotional needs of their children/young people
- Provide services outside Monday - Friday 9-5 timescales

Specific support

Commissioned service will work to extend current service for each locality:

- Via the provision of sustained effective and easily accessible community supports for children, young people and their families responding to local needs
- Giving special consideration to children and young people who are impacted by poverty, involved in the criminal justice system or who are in care
- Reaching young people whose distress is inhibiting their seeking of support
- Taking account of the desired outcomes of the draft Fife plan for Community MHWB Supports and Services Framework

Anticipated measurable outcomes & reporting of performance

Performance will be measured and reported on an ongoing basis, through the provision of the following content:

- Data and overview of all offers of support, and extent to which it is being accessed
- Qualitative and quantitative data evidencing positive impacts on service users' wellbeing and the difference to families/ young people through this support
- Frequent, effective monthly updates contributing to the understanding of young people's needs and views within each locality
- Qualitative data evidencing young people's experience of the service through feedback garnered

Commencement and period of engagement

The service level agreement will commence on 12th April 2021, or with prior agreement, as soon as is reasonably practicable thereafter.

The service level agreement will have effect until 31st October 2021.

Service providers will report on delivery of service to the framework's lead group on an alternate month basis.

Budget

This project will be in place for a short, fixed-term period from 12.4.21 to 31.10.21 with a budget of £260 000, to cover service across all seven localities.

Individual organisations are welcomed to submit applications to provide service in one or more specific locality areas. This should be stated clearly on applications, explaining whether the bid applies to a particular locality/localities and indicating any flexibility in the bid in terms of localities the organisation would work within.

In cases where organisations apply for more than one locality and they are selected to deliver service, the offer may relate to a different number of localities than proposed in their application. This is necessary to ensure that all Fife localities receive the required service. Organisations are asked to state in their bid if an alternative offer to cover a higher/lower

number of localities than the proposals on their application would/would not be an option to them.

Available funding should be considered as being £37 000 for each locality

Budget includes all management, employment, administration and overhead costs and service delivery costs.

In August 2021 new service brief/s will be promoted, which will build upon the work of this initial phase and will be aligned into the service outcomes of Fife's plan for the development of this framework. At that time applications will be invited from third sector partners for the service detailed in the new brief/s. Following a selection process in September, it is anticipated that successful bidders will begin their service provision by the 1st of November 2021.