

Diagnostic and Improvement Framework



Aligned with Scotland's national priorities and approaches to prevention, equity and reducing mental health stigma.

Translating national priorities and approaches into practical improvement actions

Scottish Approach to Service Design

Public Service Reform

- **Public Services Reform Strategy 2025's** focus on prevention, outcomes, and reducing systemic barriers to public services.
- **Scotland's Population Health Framework 2025-2035's** commitment to reducing health inequalities and addressing wider determinants of health.
- **Health & Social Care Service Renewal Framework 2025-2035's** vision of high-quality, equitable, person-led services.

Scottish Approach to Change

Mental Health Priorities and Strategies

- **Scottish Mental Health Law Review 2022**
- **Core Mental Health Standards 2023**
- **Mental Health and Wellbeing Strategy 2023-2025**
- **Self-Harm Strategy 2023 - 2027**
- **Creating Hope Together Scotland's Suicide Prevention Strategy 2022-2032**
- **Distress Brief Intervention (DBI)**

Diagnostic & Improvement Framework

National change approaches

Person-centred and recovery-focused

- Respects identity, choice and autonomy
- Supports recovery and wellbeing
- Co-produced with people who use the services, and their families and carers

Trauma-informed and responsive

- Recognises the impact of trauma and adversity
- Builds safety, trust and choice
- Avoids re-traumatisation and promotes healing

Equality and human rights

- Tackles discrimination and advances equality
- Upholds dignity, respect and fairness for all
- Meets legal and human rights obligations

Intersectionality

- Recognises the combined impacts of overlapping inequities across identities, circumstances and experiences
- Identifies and addresses structural, cultural and institutional factors
- Centres lived experience, challenges unequal power relationships and dismantles unequal systems

Cross-Policy Work

Equality

- Race Equality Framework for Scotland 2016 - 2030
- Anti-Racism Delivery Plan 2026 - 2030
- Women's Health Plan 2026 - 2029
- Disability Equality Plan 2025
- Non-Binary Equality Action Plan 2023 - 2028
- New Scots Refugee Integration Strategy 2024
- Ending Destitution Together Strategy 2026 - 2029
- Improving the Lives of Scotland's Gypsy/Travellers Action Plan 2024 - 2026

Trauma

- National Trauma Transformation Programme (NTTP)

Justice

- National Justice Plan 2023/24 to 2025/26

Alcohol and Substance use

- National Mission on Drug Deaths: Plan 2022-2026
- Preventing Harm, Promoting Recovery: Scotland's Alcohol and Drugs Strategic Plan 2026-2025
- The National Mental Health and Substance Use Protocol 2024.

