



Note of Meeting of

Health and Social Care Forum

Thursday 07 August 2014, 10am – 12pm

Craig Mitchell House, Flemington Road, Glenrothes

Present: Kenny Murphy (Chair), Jo Clark: Fife Voluntary Action, Fiona MacKay: Age Concern Glenrothes, Anne Buchanan: Alzheimer Scotland, Grahame Blair: Barony Housing Association, Norma Philpott: Citizens Advice and Rights Fife, John Jones: Express Group, Jim Bett: Fife Alcohol Support Service, Mhairi Lochhead: Fife Carers Centre, Aiveen Ryan: Generations Working Together Network, Mark McGeachie: Joint Improvement Team, Shona Laird: Kingdom Housing Association Ltd, Linda Cruickshank: RNIB, Bill Baird: Royal Voluntary Service, Pam Butter: The Richmond Fellowship Scotland, Sylwia Nadolny, Elaine Meakin: LinkLiving.

In attendance: Christine Davison (minutes): Fife Voluntary Action

Apologies: Laura Crombie: Clued Up Project, Fiona Smith: Crossroads Fife Central, Wendy Barbour, Duncan Mitchell: Fife Employment Access Trust, George Cuthill: Fife Alcohol support service, John McKendrick: Fife Elderly Forum, Caroline Mackenzie: First For Fife, Frances Howie: Kingdom Housing Association Ltd, Eileen McCrossan: Scottish Autism, Alison Brown: Furniture Plus, Jo Hobbett: The Ecology Centre, Jane Maciver: LINK - East Fife Mental Health Adolescent Befriending Project

Discussion on Role and Remit

A draft terms of reference on the role and remit of the Forum was handed out for discussion. Those present agreed it was, in principle, fit for purpose with the addition of a reference to service users. A revised paper will be sent out to members for further comment. The edited version of the terms of reference will be proposed for acceptance at the next meeting on the 5th September 2014.

Action Joanna Clark: To edit the draft terms of reference to reflect feedback.

Action Christine Davison: To distribute to the membership for feedback.

Fife Council Funding Review

The current funding review affects around 220 organisations in Fife. Fife Council is looking to achieve savings of between 5-10% (£1.5 Million) but current information is that this will not be an arbitrary cut across the board. Fife Voluntary Action is hosting 14 separate funding review workshops over the next few weeks (for detail see: <http://www.fivevoluntaryaction.org.uk/news.asp?id=4908>) in order

to co-ordinate a proactive response from the sector and feed into this review process in a timely manner.

A workshop event is provisionally scheduled for 29th September 2014 with Fife Council followed by a paper that goes to committee at the end of October 2014, necessitating the tight timeframe for gathering responses. Any organisation may respond individually and/or collectively.

Kenny fed back on the launch event for the funding review he attended on 20th June where three key subjects were discussed: recurring Grants, discretionary rate release and assets, leases and premises. No solid conclusions were drawn.

Kenny also referred to the potential for efficiencies and savings that might be gained from the voluntary sector hubs which are currently being explored with Fife Council.

Consensus emerged from members that the sector needed to better articulate the additional funding brought to Fife through the third sector (tied to the core funding from the Council), which if lost may have a considerable impact of the services delivered by the sector. Equally important was articulating the time, skills and goodwill of volunteers associated with both core funding and linked additional funding that would also be lost as a consequence of cuts.

Kenny also reminded the Forum about a financial climate survey that had been posted by FVA on our website prior to the announcement of the review; which it was agreed would be re-published and advertised and if the response was sufficient would be a useful tool to collate a statistical sector-wide response.

Action Christine Davison: To distribute a link to this survey to the forum.

Integration Update

A. Shadow Board:

Kenny fed back on two key items from the recent Shadow Board meeting:

- Fife's response to the draft regulations published by the Scottish Government. This included a list of services included and not included in integration, membership of the new board and voting rights. (for list see Stephen Moore's Presentation at the First Health and Social Care forum: <http://www.fifevoluntaryaction.org.uk/downloads/03.07.14smpresentation.pdf> slides 6 and 7) The third sector has a place on the Shadow Board in Fife but no voting rights.
- Discussion on the Joint Commissioning Strategy. We expected to see a draft come out to consultation in the next couple of months for implementation in 2015; however a number of partnerships across Scotland expressed concern over the timescale, so the Scottish Government has extended the deadline by 12 months (now April 2016). In Fife a lot of work has already been done on a Joint Commissioning Strategy, which The Shadow Board has requested an update on for the next meeting. The full Strategic Plan (which will include what was known as the Joint Commissioning Strategy) should be out for consultation in Summer/Autumn 2015 with implementation from April 2016.

B. Integrated Scheme:

The next key date is the 23 September when the consultation of the Integration Scheme will be released. The Integration Scheme needs approval from the Scottish Government. It will set out the governance and management of the integrated body and how it will operate.

Organisations can respond individually or collectively as the Health and Social Care Forum.

- C. Meeting with Sandy Riddell:** Kenny met with the new Director of Health and Social Care, Sandy Riddell who starts on Monday 01 September. Initial impressions were positive; Sandy seems keen to engage with the third sector. We will invite Sandy to the Forum later this year.

- D. Integration Fund:** Fife's share of the £100m Fund is £6.73million. The 4 year Reshaping Care for Older People (RCOP) fund comes to an end in March 2015. The Integrated Care Fund builds on the RCOP Change Fund but should not simply be used to support existing initiatives previously funded through their RCOP Change Fund. To date there have been no discussions around transition of services. Kenny has raised concern over the potential loss for third sector services, skills and projects.

There have been no conversations on how to use this Fund. The Forum has the opportunity to feed into these discussions.

E. Organisational Development Money (OD):

£15,000 (out of a total of Organisational Development Fund of £469,000) has been jointly allocated to the third and private sector.

Kenny has proposed the creation of an integration post within Fife Voluntary Action would be the most beneficial use to the sector; however this requires additional funds to be allocated by the integration team and agreement with the private sector partners. There was support for this proposal within the Forum. Forum members had no other suggestions for use of these Funds and are keen to see the FVA proposal accepted.

All Organisational Development opportunities will be made available to all sectors, and so third sector staff can access this support alongside public and private sector colleagues hopefully bringing the opportunity for cultural exchange; and equally are encouraged to suggest ideas to add to the OD plan.

F. Referendum Debate:

Fife Voluntary Action and Scottish Care have organised a debate on the Scottish Referendum with a focus on Health and Social Care. Attendees will have the opportunity to hear from, and question, speakers from the Yes and Better Together campaigns.

The Debate is at Rothes Halls, Glenrothes on Wednesday 13th August and starts at 4.30pm.

Health and Wellbeing Alliance

The Alliance recently went through a review of their purpose.

Through this review they have determined that they are no longer a body that delivers but instead an influencer. They are restructuring and developing a new strategic plan; more



information on this will be disseminated to the Forum along with information on the Alliance itself.

Date of the Next Health and Social Care Forum

Date: Friday 05 September 2014

Time: 10.00am to 12.00pm

Venue: Leven Room, Craig Mitchell House, Flemington Road, Glenrothes, KY7 5QF

Summary of additional third sector support provided by FVA:

We have a range of **e-bulletins** which go out to over 2,000 addresses in Fife

Monthly e-bulletins

- **Health and Social Care**
- **Employability**

Weekly e-bulletins

- **Latest news and events (Usually on a Thursday)**
- **Training and learning update (Usually on a Monday)**

For up to date information see the FVA website: **News/Events** page, subcategories include:

- FVA news
- Job Vacancies
- Social Enterprise
- Funding and Finance
- Training and Learning
- Community Events
- Goods Donations and Services
- General News
- Volunteering
- Partnerships Networks and Forums

If you want to submit an event, piece of news or training just complete the online form

<http://www.fifevoluntaryaction.org.uk/eventsform.asp>

In addition to the Health and Social Care Forum, FVA currently supports four other third sector forums:

- **The Fife Employability Forum:** This forum is open to all sectors and provides a platform to discuss and receive updates on employability here in Fife - http://www.fifevoluntaryaction.org.uk/employability_forum.asp
- **The Mental Health Forum:** Is currently struggling with membership and attendance. This forum aims to facilitate the effective and collective involvement of Fife's voluntary sector in improving the mental health and wellbeing of the people of Fife in partnership with statutory and other non-statutory agencies. http://www.fifevoluntaryaction.org.uk/mental_health_forum.asp
- **The Voluntary Sector Children's Services Forum:** The role of the Children's Services Forum is to provide opportunities for those voluntary sector organisations involved in providing

services to and for children to come together to share and exchange experience and information and to provide mutual support.

http://fifevoluntaryaction.org.uk/childrens_services_forum.asp

- **The Third Sector Strategy Group:** The role of the Third Sector Strategy Group is to strengthen the connections between the third sector and Community Planning - enhancing partnership working, to provide a mandate for those playing a representative role on behalf of the sector and to advocate and campaign on behalf of the sector and to grow the sector's influence and profile. http://fifevoluntaryaction.org.uk/third_sector_strategy_group.asp

Member Updates

Mhairi Lochhead, Fife Carers Centre: Fife Carers Centre are offering a series of workshops for carers including dementia, parent carers, child transitions, and wellbeing. These workshops are often advertised on the Fife Voluntary Action website, see the latest workshops here:

<http://www.fifevoluntaryaction.org.uk/news.asp?category=Training and Learning>

Avieen Ryan, Generations Working Together Network:

E-mail address: highbrow.confidence@yahoo.co.uk

Telephone: 07796 496322.

- **Working across Generations**
Help to explore intergenerational projects is available through the Fife Generations Working Together Network (GWT). Joining the network is free and can be done on the GWT website (<http://generationsworkingtogether.org/>). GWT are also holding a 'Train the Trainer' Course on Tuesday 09 September 2014 at Fife Voluntary Action, Craig Mitchell House, Flemington Road, Glenrothes, KY7 5QF.
- **Mental Health First Aid Certificated Course**
There are a few fully funded places available for a two-day mental health first aider course on 13 and 14 August in Edinburgh. As well as providing a general mental health first aider background this course has the added value of an armed forces cultural perspective, so very useful for anyone who provides services for the serving or veteran communities and their families. This course still requires a venue. In-house mental health first aider courses are also available. To book a place, offer a venue or arrange an in-house training session contact Aiveen on the details provided above.
- **Mindfulness**
Aiveen is available for groups and organisations to run mindfulness introductory sessions. These sessions can also be part of conferences, events and staff / volunteer development days.
- **Laughter Yoga**



Aiveen is able to offer laughter yoga sessions. These sessions and have a huge number of personal and organisational benefits. Contact Aiveen as above for more information.

It was suggested it would be beneficial for members to have a 15 minute slot at each Forum to give a quick overview of what they and their organisation does around Health and Social Care.

In response to this Kenny mentioned that we would look to develop a membership handbook which would have a short bio of each organisation, each organisation supported this idea.

Action Christine Davison: to develop a bio template for member organisations to complete and start to develop the membership handbook.

Linda Cruickshank, RNIB:

The Health Promotion Training Programme offers a variety of training sessions to raise awareness of visual disability, dementia etc. The full programme can be found here.

<http://www.healthyfife.net/minisites/index.cfm?fuseaction=page.display&pageid=01ED9611-0975-3038-DDF0D8AAA3C2DA5D&siteID=C236FD36-A22D-FF4A-C6AE0CC99B0D46B4>