

Note of Meeting of

Health and Social Care Forum

Thursday 01 October 10.00am – 12.00pm

Craig Mitchell House, Flemington Road, Glenrothes, KY7 5QF

Present:

Kenny Macrea	<i>Barony Housing</i>
Bill Chalmers	<i>British Red Cross</i>
Ross Livingstone	<i>Circles Network</i>
Fiona Smith	<i>Crossroads Fife Central</i>
John Stirling	<i>Disabilities Fife</i>
Raymond Brennan, Kara Fraser, Gail Carstairs	<i>Enable</i>
Kate Appleyard	<i>FEAT</i>
Kenny Murphy (chair), Jo Clark, Christine Davison	<i>Fife Voluntary Action</i>
Sara Redmond	<i>Health and Social Care Alliance</i>
Liz Reid	<i>Homeshare Scotland</i>
Senga Smith	<i>LINK Befriending</i>
Trisha Sproul	<i>Link Living</i>
Alison Linyard	<i>NHS Fife/Personal Outcomes Partnership</i>
Eileen Scott	<i>Scottish Autism</i>
Pam Butter, Roz Anderson	<i>The Richmond Fellowship</i>

Apologies:

Bert Lumsden	<i>Age Concern Glenrothes</i>
Debbie Finlayson	<i>British Red Cross</i>
Norma Philpott, David Redpath	<i>CARF</i>
Jackie Morrison, Claire Chue Hong	<i>DPHS</i>
Jeanette Donnelly	<i>Health and Social Care Alliance</i>
Jane Maciver	<i>LINK Befriending</i>
Marion Murray	<i>MS Society</i>
Linda Cruickshank	<i>RNIB</i>
Bill Baird	<i>Royal Voluntary Service</i>
George Cuthill	<i>Scottish Health Council</i>

Self Management

Kenny Murphy (chair) welcomed Sara Redmond, Self Management Partnership and Practice Programme Manager, Health and Social Care Alliance (The Alliance) to Octobers Health and Social Care (H&SC) Forum during Self Management week.

Sara started with an overview of The Alliance which is an intermediary organisation for the third sector organisations made up of over 1,400 members (both organisations and individuals). The Scottish Government funds the Self Management partnership and practice programme to drive this agenda in Scotland.

Sara outlined key policies in Self Management including Gaun Yersel – the Self Management strategy for long term conditions in Scotland. In Gaun Yersel Self Management is described as ‘the successful outcome of the person and all appropriate individuals and services working together to support him or her to deal with the very real implications of living the rest of their life with one or more long term condition’.

Self Management centres more on the values and process rather than tools or services. Empowerment and education are key factors to enable individuals to manage their long term conditions. Self Management is a key policy driver in Scotland as our population ages and the number of long term conditions people are living with continues to grow.

Sara shared the successes of the Self Management Fund which has supported 95 projects since it started in 2009. This fund is open for applications.

Action Christine – Share the link to the application form for the Self Management Fund.

Action Christine – Send link to Self Management Network

Action Christine – Send contact details for Sara

Wellness Recovery Action Plan (WRAP)

Kenny welcomed Pam Butter and Roz Anderson from The Richmond Fellowship to the H&SC Forum to discuss WRAP. WRAP is an action plan that a service user builds around their lives to promote wellbeing. Key features of WRAP include:

- Asset based
- Empowerment
- What works for the individual
- About education
- Peer support
- Support through crisis
- An individual taking control of their life and wellbeing
- Anyone can use WRAP
- Based on five key recovery concepts
 - Hope
 - Personal responsibilities
 - Education
 - Self-Advocacy
 - Support

Discussion topics included:

- Training in being a WRAP facilitator
- WRAP sessions

Action Christine – Send link to Copeland Centre

Action Christine – Send contact details for Pam and Roz

Integration Update

H&SC Integration

The Integration Scheme has been accepted by the Scottish Parliament. The order to create the Integrated Joint Board (IJB) was laid before parliament on Friday the 04 September and following the required 28 day period, the IJB will be formally established on Saturday 03 October 2015. The IJB will not take official responsibility for services until 01 April 2016; the IJB will oversee services separately until this time. Next steps include:

- The draft strategic plan will be released for consultation
- The IJB will sign-off the strategic plan once finalised

Discussions included:

- The 'make-up' of the partnership
- Movement towards personal outcomes – a significant number of monitoring questions ask people about how they feel
- Statistics and demographic data

Fairer Fife Commission

The IJB – Fife's Health and Social Care Partnership, are a member of Fife's Community Planning Partnership (CPP).

Fife's CPP launched the Fairer Fife Commission to look at ways to eradicate poverty in Fife. The findings of this commission will be published at the end of November 2015.

A separate sub board of the CPP has been set-up to look at risk management.

Integration Care Fund Board

The Integration Care Fund Board met for the first time on Monday 21 September and will next meet towards the end of October.

AOCB

Third sector contribution to performance framework

It is recognised that there is a lack of Fife wide data from the third sector which can feed into statistics relating to services and demand. The group discussed:

- The potential of 'bigger' numbers and collated statistics
- Different third and public sector reporting
- FORT: a tool to record referrals and information
- What the third sector might contribute in the future

Mapping Projects

The Group discussed mapping projects currently going on in Fife. The main mapping project in Fife is currently being conducted by the Self-Directed Support team in Fife Council.

Action Christine – Send contact details for Self-Directed Support mapping project

Director of Public Health

Eddy Coil, Director of Public Health has retired. Margaret Hannah is currently acting Director of Public Health. This post has been advertised.

Fife's Health and Wellbeing Alliance

Fife's Health and Wellbeing Alliance are getting ready to launch their new Health Inequalities Strategy for Fife. This strategy will shape the work of the Health and Wellbeing Alliance to reduce Health Inequalities in Fife.

Member Updates

Enable

Are carrying out community based development. If people aren't eligible for Self-Directed Support (SDS) they will help them to find community assets to support their personal outcomes.

British Red Cross

Had success with their Assisted Discharge from hospitals service. They're looking to spread the word within hospitals to boost referrals and are looking for more volunteers as well.

Crossroads Fife Central

Are running a Fife wide pilot looking at option 2 within SDS. They are currently recruiting a befriending coordinator and other new staff.

Barony

Involved with the housing Public Sector Partnership. Barony have developed Contact Point which is a mental health day resource centre funded by NHS Fife & Fife Council.

Disabilities Fife

Report that their AGM went well. Are looking towards a development plan for Disabilities Fife and as part of this have a membership questionnaire on services. John Stirling is

stepping down as chair, Charles Lister is the new chair of Disabilities Fife.

Circles Network

Are recruiting new members of staff. Are seeing an increase in referrals. Ross confirmed that all advocacy organisations are on FORT.

One-Stop Shop, Dunfermline

Are exploring options to sustain their future activities.

Homeshare

Are aiming to make three matches – they have received several enquiries from those looking for accommodation (mainly students) but are looking for householders.

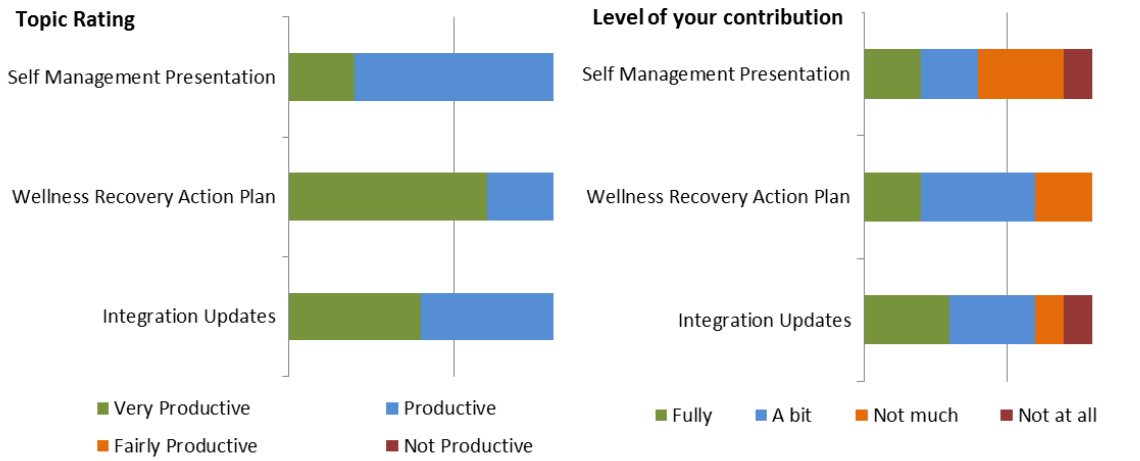
Personal Outcomes Partnership

The Good Conversations training is aimed at social work and NHS staff. It supports them to have a personal outcomes, solution focused conversation with patients and service users.

Fife Voluntary Action

Have been asked by The Alliance to help organise and support a National Conversation on a healthier Scotland in Fife. More information about this will be circulated when available.

Feedback



Future Attendance

