



**Note of Meeting of**

**Health and Social Care Forum**

**Wednesday 01 October, 10am – 12pm**

**Craig Mitchell House, Flemington Road, Glenrothes**

**Present:**

Kenny Murphy (Chair), Jo Clark: Fife Voluntary Action,  
Andrea Sharp: Crossroads,  
Wendy Barbour: FEAT,  
Josephine Mill, Bill Baird: Royal Voluntary Service,  
Anne Buchanan: Alzheimer Scotland,  
Fiona MacKay: Age Concern Glenrothes,  
Jackie Morrison: Disabled Persons Housing Service,  
Jo Hobbett: The Ecology Centre,  
Carolann Haddow, Ross Livingstone: Circles Network,  
Grahame Blair: Barony Housing Association,  
John Jones: Express Group (Fife) Ltd,  
Jim Bett: Fife Alcohol Support Service,  
Irene Blackburn: LinkLiving,  
Charlie Kirsten: The Richmond Fellowship Scotland,  
Anne McMillan: RNIB,  
Senga Smith: LINK - East Fife Adult Mental Health Befriending Project.

**In attendance:**

Mark McGeachie: Joint Improvement Team,  
Lisa Curtice, People: Health and Social Care Alliance Scotland,  
Christine Davison (Note of Meeting): Fife Voluntary Action.

**Apologies:** Jane Maciver: LINK - East Fife Mental Health Adolescent Befriending Project,  
Laura Crombie: Clued Up Project,  
Alison Brown: Furniture Plus,  
Mhairi Lochhead, Cindy Souter: Fife Carers Centre,  
John McKendrick: Fife Elderly Forum,  
John Oates: BRAG Enterprises Ltd,  
Norma Philpott: Citizens Advice and Rights Fife.

**Presentation by Mark McGeachie: Joint Improvement Team and Lisa Curtice: Health and Social Care Alliance Scotland**

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Mark and Lisa jointly presented on the wider context and the why and how for Co-producing Integration. They gave an overview of the policy landscape, and provided examples of where co-production and integration are joining up to create a more person centred approach.

**Key Themes:**

Co-Production:

- Anti-stigma, inclusion and inequalities
- A Future vision is based on Human rights
- Empowerment of individual

The 4 Pillars of Integration:

- Prevention
- Partnership
- Person centred
- Performance

How co-production works in practice:

- Equality of relationships
- Doing with, rather than doing to
- Involving service users in evaluation process – service users influence feedback used during commissioning services ensuring a more tailored approach.

Q&A discussions raised the following topics:

- **Co-Production and Self Management** - Good examples of co-production are recorded in other areas, but are yet to be mainstreamed. The changes coming in will take time to become imbedded in practice. The most effective way of changing a culture is to train both the staff and the patients. In order to change people from passive recipients' of services to more active service users both pieces of the jigsaw need to come together. Health care professionals are moving away from looking at someone's deficits to someone's strengths. This is moving towards self-management and how an individual can be empowered and supported to maintain their own health and wellbeing, a highly relevant topic since the Forum took place in self-management week.
- **Communication with the public** - Jo asked that while legislation is driving the change in planning and delivery, is the Scottish Government engaging with the general public regarding their input in the person centred agenda? It was clarified that the conversation between the Scottish Government and the General Public is starting to happen but more needs to be done. The Scottish Government is aware of this. It was added that as a method of increasing prevention and anticipatory care, self management is a fundamental way for people to take a more active ownership of their own health and wellbeing. Kenny commented that legislation and policy

coming from the Scottish Government was positive and good but lacked teeth for real change to be made.

- The family nurse partnership was given as an example of good practice.
- The group discussed selling the achievements and positives of the sector. The point was made that the sector doesn't need to be sold to everyone; there is support out there. The case to involve the sector has been made and won in some areas. The next area is to overcome the reluctance and deliver real change. There is plenty of evidence out there of what needs to change but the barrier is the risk appetite and the leap of faith to try something new, which the sector has proven it can do, particularly within the Reshaping Care for Older People Programme.

#### Fife Council Funding Review Discussion:

Kenny updated the group that there will likely be cuts implemented through the recent Funding Review. The biggest barrier identified during the funding review process is that the sector's contribution can be hard to discern; funders like what is being done, however in some cases are unwilling or unable to continue or mainstream funding.

The point is made that we need to keep pushing the value of the sector to win the case. The group discussed how capacity/assets are there but require investment to meet increasing demand which would positively impact on Council and NHS services.

It is highlighted that the sector has more authority than it thinks. There has been unprecedented engagement in the recent Referendum, with more people engaged with organisations at a grass roots level. The third sector can lead on community empowerment and engagement of service users. Elected members and the emerging integration authority will want to tap into this.

We are working together to strengthen the voice of the sector. Kenny advised that the strength of the forum is already being felt amongst partners who wish to engage.

#### **Integrated Care Fund Discussion**

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The Integrated Care Fund (ICF) is not a replacement for the Reshaping Care for Older People (RCOP) Fund.

£6.73 million has been assigned to Fife for 2015/16 with an additional £470,000 Workforce Development fund for 2014/15 which is open to all sectors.

During the RCOP Programme the third sector contribution over-delivered on everything we set out to achieve, which puts us in a strong position going forward.

The next PMG meeting will aim to set out the money allocations for the ICF. Kenny proposed an idea to the Forum that the ICF is an opportunity to do things differently; a

larger offer with organisations working together in a single locality (low SIMD<sup>1</sup> ranking) with organisations working to build capacity and resilience.

There are several areas/themes that the Forum could move into around Alzheimer's, mental health, multi-morbidity, self-management etc.

Further discussion will take place at the next Forum.

The deadline for ICF proposals is Sunday 14<sup>th</sup> December.

### **The Group discussed:**

“What Works Scotland”<sup>2</sup> is a new initiative to improve the way local areas in Scotland use evidence to make decisions about public service development and reform. This will involve academics working alongside Community Planning Partnerships to look at services and how they can be improved or replicated. Fife has been selected as a case study area.

There is sometimes an assumption that there are high levels of duplication due to the large number of third sector organisations operating. FVA argue that many of the organisations we have worked with have seen an increase in demand, therefore there must be little duplication. FVA understands the challenges Council colleagues face in engaging with the sector due to its grass roots nature and the number of organisations. We are working to improve this. One way we are doing this is through the Housing/Homelessness Consortium which will present one point of contact and one contract for the Council to manage. The Early Years Public Sector Partnership is also given as an example where Council colleagues work alongside partners to identify where there is need and develop services to meet that need. Each of these approaches has the benefit of partners supporting each other, work is outcomes focused and there is one contract for the council to manage.

### **Member Updates**

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**FEAT** – Won the Partnership award at Fife Voluntary Action Volunteering and Voluntary Sector Awards Ceremony 2014 and have been granted big lottery funding.

**DPHS** – Won the Innovation award won at Fife Voluntary Action Volunteering and Voluntary Sector Awards Ceremony 2014. DPHS are holding their AGM on Monday 03 November 2014 at St Bryce Kirk, Kirkcaldy at 1.00pm. Speakers include Rachel Walker - Self Directed Support Scotland: Latest on SDS, Grant Carson - Glasgow Centre for Inclusive Living: Launch of Home2Fit in Fife - a new online matching tool, and Bill Scott - Inclusion Scotland: A Vision of An Inclusive Scotland. For further details or to book your place please visit our website: <http://www.fifevoluntaryaction.org.uk/news.asp?id=5155>

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<sup>1</sup> <http://simd.scotland.gov.uk/publication-2012/>

<sup>2</sup> <http://whatworksscotland.ac.uk/>



**The Ecology Centre** – Won the Environmental Improvement Award at Fife Voluntary Action Volunteering and Voluntary Sector Awards Ceremony 2014. They are moving out of their current premises in November, but will remain open during this time.

**Age concern Glenrothes** - Are working with Glenrothes Amateur Musical Association (GAMA). As part of their partnership Age Concern Glenrothes encourage people to attend productions and are able to collect money at the end of each performance.

**Fife Voluntary Action** - Organisations are encouraged to think about Team Volunteering Challenges. FVA often get requests for team volunteering challenges but often demand outstrips supply, organisations are encouraged to think challenges they could offer.

Fife Council Funding Review update – The report will be published on FVA website soon. End of October we will know what is happening with the review, nothing so far is confirmed.

Voluntary sector hubs –FVA board will decide whether or not to go ahead with the Voluntary Hub plan which will see voluntary sector organisations sharing office space in Kirkcaldy and Leven. FVA are working with the Fife Council asset management team to work out savings cost to the Council so we can offer this as savings made. There are already talks about other opportunities in Fife.

#### **Date of the Next Health and Social Care Forum**

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Date: Thursday 06 November

Time: 10.00am to 12.00pm

Venue: Leven Room, Craig Mitchell House, Flemington Road, Glenrothes, KY7 5QF

***Note: Do you want to include the next Forums agenda?***

*e.g. The next Health and Social Care Forum will welcome Fiona McKenzie and Heather Ford, Change Managers coming along to give us the latest update for Health and Social Care in Fife.*