



Health & Wellbeing Woodworking Workshop

@ Furniture Plus Dysart

7th March every Tuesday
8th March every Wednesday
9th March every Thursday

Classes run from 10am till 2pm
weekly for 8 weeks.








We have re-launched our woodworking workshops

We have re-launched our woodworking workshops. Do you know anyone that would benefit from taking part? Workshops run one day a week for 8-week blocks and are free to attend for anyone over the age of 15 who may have suffered as result of the Covid pandemic and want to learn a new skill.



Key Aims of the Project

-  Help building confidence
-  Learn basic woodworking skills
-  Give an opportunity to express creativity
-  Create some me time, headspace and escapism
-  Provide an opportunity to socialize and meet others



To apply, please ask for an application form
or email Gregor@furnitureplus.org.uk