



The Scottish Parliament
Pàrlamaid na h-Alba

We want to know about your care and support during the COVID-19 pandemic



Please tell us what you think by
Monday 7 September 2020.

September

7

Who we are



We are the **Health and Sport Committee** of the **Scottish Parliament**.



We are a small group of people who are **Members of the Scottish Parliament**. We meet to talk about the health of people in Scotland.

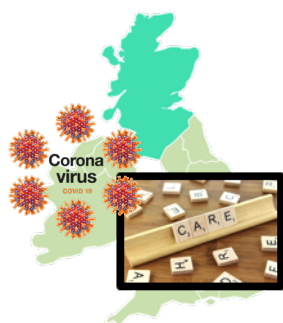


The Scottish people decide who is a **Member of the Scottish Parliament** by voting for them in elections.



The **Scottish Parliament** makes the laws in Scotland. It speaks out for the people of Scotland.

What this booklet is about



This booklet is about **social care** in Scotland during the **COVID-19 pandemic**.



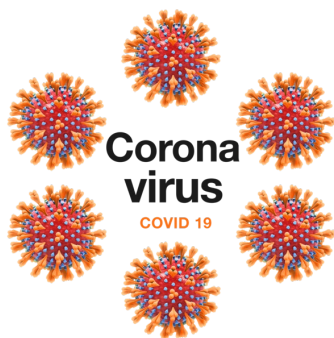
Social care means the care and support you get.



Social care means help with activities like

- Getting dressed
- Washing
- Taking medicines
- Preparing food
- Travel
- Taking part in social activities.





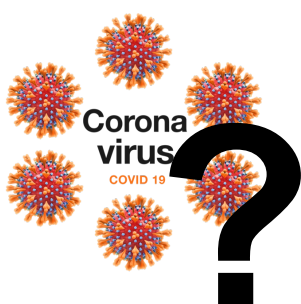
COVID-19 is a new illness affecting people and countries all over the world including Scotland.



A **pandemic** is when an illness spreads and affects people all over the world.



If you are cared for, or if you care for someone, we want to know what you think about social care during the COVID-19 pandemic.



We want to know if your care and support changed during the COVID-19 pandemic.



What you tell us is important. It will help make social care in Scotland better in the future.

What we want you to tell us



We want you to tell us about your care and support during the COVID-19 pandemic.

Here are some of the things we want you to tell us. You don't have to tell us about all of them.



- Did you feel safe
- Did your care and support change
- Did you get extra help
- Who gave you extra help
- What is important to you if the COVID-19 pandemic happens again.

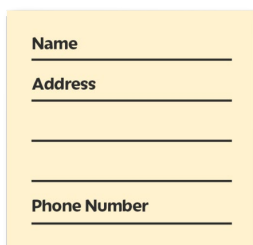


We want you to tell us by **Monday 7 September 2020.**



We will think about what you tell us so that politicians can make better decisions about social care.

What we do with your information



Name _____

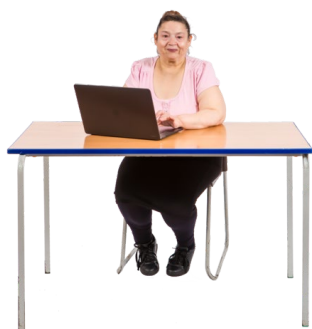
Address _____

Phone Number _____

Our **Privacy Notice** tells you what we do with your information.



For example, we might put your name and what you tell us on our website or in a report. You can ask us not to do this.



Before you tell us what you think please read our Privacy Notice. The full version is a legal document. You can read the full version by clicking **here**.



Please make sure you understand our Privacy Notice and are happy with what it says. Remember, you can tell us if you are not happy.

How to tell us what you think



We want to hear from anyone who is cared for or who cares for someone. Your views are important.



Send an email to this address
healthandsport@parliament.scot



Write to us at this address
Health and Sport Committee
Room T3.40
The Scottish Parliament
Edinburgh EH99 1SP



If you need help with anything in this booklet send an email to this address
healthandsport@parliament.scot