

Short Breaks for Carers: Capacity & Sustainability

A National Conference

Tuesday 18 April 2023


William Quarrier Conference Centre
20 St Kenneth Drive
Govan
G51 4QD

Against a fast-developing policy context which promises to deepen carers' rights to a short break, and a financial context which is putting pressure on public spending, this conference will explore how we can ensure that there is **sufficient high-quality short-break capacity in Scotland** to meet carers' needs.

The conference will consider the policy landscape, existing levels of short-breaks provision, the sustainability of the market and levels of unmet need. It will seek to take the debate forward by identifying future needs and investment opportunities to create a short-breaks market that will meet carers' needs into the future.

The Conference is being hosted by Quarriers, Sense Scotland and Shared Care Scotland. Delegates will hear from speakers from the Scottish Government, Health & Social Care Partnerships, the Care Inspectorate, the third sector - and carers themselves.

We stand at an important moment in the development of this sector, and we are looking for participation from providers, commissioners and carers so that we can identify a route map which supports the development of high quality services.



See next page
for agenda and
workshops

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Conference Agenda

10.00am	Welcome & introductions
10.15am	Policy Context • Scottish Government
10.30am	A Carer's Experience • Coalition of Carers in Scotland
10.45am	Carers Rights • Shared Care Scotland
11.00am	Supply & Demand • Healthcare Improvement Scotland
11.15am	Coffee Break
11.30am	Workshops
12.45pm	Lunch
1.15pm	Regulation: Supporting innovation • Care Inspectorate
1.30pm	The providers' perspective • Sense Scotland, Quarriers
1.45pm	The commissioners' perspective • Health and Social Care Partnership
2.15pm	Setting Priorities
3.15pm	Plenary & Actions • Speakers' Panel
3.45pm	Close

Booking and charges

In order to cover costs, the following rates will apply for delegates:

Carers and people they support • **Free**
Third Sector • **£20 per person**
Public Sector • **£40 per person**

To book, go to shortbreaksconference.eventbrite.co.uk, or email events@quarriers.org.uk for more information.

Workshops

Workshop 1: The Ingredients of Success

This workshop will consider the core elements of a short break that need to exist in order to support the well-being of carers and the people they support – and crucially, how we can make this a reality.

Workshop 2: SDS for short breaks – supporting choice and control

This workshop will look at how personal budgets can be used by carers to exercise greater influence on the shape of their short break, exploring respite and the creative use of resources.

Workshop 3: Building based services – the mainstay of the short break market?

This workshop will look at the delivery of building based options, which are still in demand by carers. What does it take to deliver a short-break facility? How do we make building-based services sustainable and personalised?

Workshop 4: Emergency Support – accessing short breaks at short-notice

This workshop will look at the provision of emergency and short term support. How can we make it possible for a carer to safely hand over their caring responsibilities if other needs arise – if they become unwell or a family emergency develops? We will explore current provision, the experience of carers, and how we can develop new capacity in this area.

Quarriers is a registered Scottish Charity No. SC001960. Sense Scotland is a company limited by guarantee, registered in Scotland number SC147570, and a registered Scottish charity, number SC022097. Shared Care Scotland is a company limited by guarantee registered in Scotland SC161033 and registered charity SC005315.