



# **16 Days of Activism Against Gender Based Violence**

**25 Nov – 10 Dec 2022**

## What is 16 Days of Activism Against Gender Based Violence?

It is an annual international campaign that starts on 25 November, the International Day for the Elimination of Violence against Women, and runs until 10 December, Human Rights Day.

It is used as an organising strategy by individuals and organisations around the world to call for the prevention and elimination of violence against women and girls.

The 2022 campaign within Fife aims to tie in with the Scotland wide campaign planned by the National Improvement Service, while also incorporating our own ideas and events.

## Who is delivering it in Fife?

The Fife Violence Against Women Partnership (FVAWP) is a group of organisations who want to address Violence Against Women in Fife.



## What is happening?

Over these 16 days, we will be sharing information about gender based violence, covering a wide range of issues, through a variety of in-person and online events.

We aim to raise awareness and understanding about different important issues that impact on our community in Fife.

We hope you will join us in using this campaign as an opportunity to learn more about gender based violence and help us spread the word and work towards ending all violence against women and girls.

If you have any questions, please contact us by emailing [fvawp@fife.gov.uk](mailto:fvawp@fife.gov.uk)





# Friday 25<sup>th</sup> November



## Help us launch 16 Days by wearing something **Orange** today

### Why orange?

The international UNiTE campaign has proclaimed the 25th of each month as “Orange Day”, a day to raise awareness and take action to end violence against women and girls. As a bright and optimistic colour, **orange** represents a brighter future free from violence against women and girls. It is therefore used as the colour of the International Day for the Elimination of Violence against Women, on 25 November.

Orange Day calls upon activists, governments, and UN partners to mobilize people and highlight issues relevant to preventing and ending violence against women and girls.

It calls on people everywhere to wear the colour orange and take action to end violence against women and girls in every community, at home, in public spaces, in schools and workplaces, during conflict and in times of peace.

**Take a photo of you wearing orange... with your team, with your dog or in a well-known Fife location... and send it to us at [fvawp@fife.gov.uk](mailto:fvawp@fife.gov.uk) or share it on our social media using hashtag #16DaysFife**

## Follow our campaign online

Throughout the 16 days of this campaign, we will be posting on social media. Each day we'll tell you which partner to look out for posts from. We'd love to see your comments, shares and likes to help us spread our messages.

**Keep an eye on Fife Council's Facebook page [@FifeCouncil](https://www.facebook.com/FifeCouncil) today for our launch posts.**



Activism Idea: **TALK**

**#WhatNext #KeepTheConversationGoing**

Speak to someone today to tell them that it's the start of the International 16 days of Activism Against Gender Based Violence campaign.

Tell them what you know about it. And ask them what they know.

## Join us at an In-Person Event

<b>Dysart Discussion Session</b>	<b>Everyone welcome</b>
9:30am to 11:00am	<p><b>CHANGE OF DATE:</b> THIS EVENT WILL NOW TAKE PLACE ON <b>Friday 2<sup>nd</sup> December</b>. Time and location remain the same.</p> <p>Join in for a morning of discussion around gender stereotypes and bust some myths about inequalities. We'll tell you about the local organisations that make up the Fife Violence Against Women Partnership.</p>
Dysart Primary School, Normand Road, Dysart, Kirkcaldy KY1 2XW	
Organised by: FVAWP & Community Social Work team	

<b>Fife Law Centre Legal Advice Session</b>	<b>Everyone welcome – drop in</b>
10:00am to 12:00noon	<p>Fife Law Centre is a charity offering free legal support, guidance, and possible representation for those struggling to get it elsewhere. Our friendly team is happy to speak about legal issues you may be facing and will signpost you if we cannot assist.</p> <p>If you can, please check with us that we are still visiting the venue before you come along, as things can change. Tel: 01592-786710 or email <a href="mailto:info@fifelawcentre.co.uk">info@fifelawcentre.co.uk</a></p>
The Well, Valleyfield Community Centre, Chapel Street, High Valleyfield, KY12 8SJ	
Organised by: Fife Law Centre	
<p>More info:  <a href="http://www.fifelawcentre.co.uk">www.fifelawcentre.co.uk</a>            Follow us on: <a href="#">Facebook</a> &amp; <a href="#">Twitter</a></p>	

<b>Local Partners Information Event</b>	<b>Everyone welcome – drop in</b>
11:00am to 2:00pm	<p>Pop along to meet the Gender Based Violence nursing team who will be able to tell you about gender based violence (GBV), the impact of GBV and why the 16 Days of Action and the White Ribbon campaigns are so important. You can also learn about the work of the GBV team and their involvement in the national sexual assault support scheme (SARCS) in Scotland.</p>
Main Foyer, Victoria Hospital, Kirkcaldy, KY2 5AH	
Organised by: GBV Nursing Team	

## Join us at an Online Event

<b>Equality Collective Online Chat: “16 Days of Activism – What is it About?”</b>	<b>Everyone welcome – join group</b>
1:00pm to 2:00pm	During the 16 Days of Activism 2022 campaign, Fife Centre for Equalities will be sharing a series of blog posts and inviting people living, working and studying in Fife to meet us for a chat in our Equality Collective Facebook group.
Online using Facebook. Please join the private group to take part in the conversations.  To join the Equality collective Facebook group please visit <a href="https://www.facebook.com/groups/EqualityCollective/">https://www.facebook.com/groups/EqualityCollective/</a>	
Organised by: <b>Fife Centre for Equalities</b>	
More info about: <b>Fife Centre for Equalities</b> <a href="https://centreforequalities.org.uk/">https://centreforequalities.org.uk/</a> Equality Collective project: <a href="https://centreforequalities.org.uk/eqcollective/">https://centreforequalities.org.uk/eqcollective/</a>  If you have any questions or need help accessing the group, please email <a href="mailto:info@centreforequalities.org.uk">info@centreforequalities.org.uk</a> or phone 01592 645310.	

Activism Idea: **READ**

**#WhatNext #KeepTheConversationGoing**

Hearing survivor stories is a key way to better understand what impact gender based violence has on women. For some survivors, writing about their experience can be a way of processing their thoughts and feelings.

Fife Women’s Aid has a number of written pieces by survivors of domestic abuse on their website. Have a read here: <https://fifewomensaid.org.uk/stories/>



## Saturday 26th November



Activism Idea: **ASK**

**#WhatNext #KeepTheConversationGoing**

Speak to people in your life about gender based violence. Ask the women you know some of these questions:

- What gender stereotypes have you grown up with? Are men strong while women are emotional?
- Have you ever felt unsafe in a public place because you are a woman? If so, when and where?
- Have you ever been told you couldn't do something because you are a woman? If so, what and when?



## Sunday 27th November



Activism Idea: **LISTEN**

**#WhatNext #KeepTheConversationGoing**

You can learn more about gender based violence from podcasts, some of our favourites are:

### [The No Walls Podcast on Gender Based Violence](#)

This episode raises awareness of the symptoms experienced by survivors & informs practitioners how they can best avoid re-traumatisation & advocate for their client's specific needs.

### [The Guilty Feminist](#)

This episode discusses attitudes towards female sexuality and features special guests Laura Bates and Leyla Hussein.

### [BBC Sounds – Woman's Hour](#)

A woman who served in the Royal Navy for 20 years, speaks for the first time about how she was raped and sexually assaulted during her career.



# Monday 28<sup>th</sup> November



## Join us at an In-Person Event

'What Were You Wearing' Exhibition	Everyone welcome
Drop in any time between 2:00pm – 4:30pm	The exhibition includes outfits which have been recreated to depict an outfit that a person was wearing when they experienced sexual assault. These are also accompanied by a short statement from the survivor. The exhibition aims to challenge victim-blaming and explore the myth that sexual assault can be attributed to a person's choice of clothes.
Fife College, Glenrothes Campus, Stenton Road, Glenrothes, KY6 2RA.	
Organised by: FVAWP	
More info <a href="#">HERE</a>	

'Reclaim the Night' March	Everyone welcome
6.30pm	This is an opportunity for EVERY gender and community to get involved and speak out against Gender-Based Violence. Come along with your placards, megaphones, loud voices and passion for women's safety. The event will be ending in the V&A with guest speakers.
Magdalen Green, Dundee	
Organised by Dundee Rape Crisis	
More info: ( <a href="#">Reclaim The Night 2022   Facebook</a> )	

## Social Media

Today's social media posts come from NHS Fife's Facebook page [@NHSFife](#) and will provide information about the Sexual Assault Response Coordination Service (SARCS). This is vital information to share about what support you can receive if you, or anyone you know, ever experience a sexual assault.

We'd love to see your comments, shares and likes to help us spread our messages.

[#WhatNext](#) [#KeepTheConversationGoing](#) [#16DaysFife](#)



## Join us at an Online Event

<b>Fife Women's Aid Annual Event</b>	<b>Everyone welcome – booking required</b>
10.30am – 12 noon	A launch of two short films about domestic abuse and recovery created by women we support and Young Universe (young people in recovery).
Online - using Zoom  Email <a href="mailto:info@fifewomensaid.org.uk">info@fifewomensaid.org.uk</a> to book a place	Featuring: Shumela Ahmed, co-founder and managing director of Resilience Learning Partnership - a lived experience led education and training provider.
Organised by Fife Women's Aid	Lisa Cherry, author, researcher and leading international trainer and consultant specialising in working with the legacy of trauma.

<b>National Spotlight event: Children and Young People Experiencing Violence Against Women and Girls (VAWG) - #WhatNext?</b>	<b>Relevant staff – booking required</b>
2.00pm - 4.00pm	This online workshop will bring together stakeholders from across relevant organisations and local authorities for a deep dive discussion on children and young people's experience of violence against women and girls (VAWG).
Online - MS Teams  Spaces will be limited for this event, so please <u><a href="#">register your interest</a></u> in attending this event and you will be advised whether you have been awarded a place in the coming weeks.	The topic of Children & Young People (CYP) and VAWG has been identified as a key issue to 'spotlight' during this year's 16 Days of Activism campaign by the National Violence against Women Network. This workshop will explore how stakeholders can work to embed a children rights based approach into policy and practice at a local and national level.
Organised by the Improvement Service, COSLA, and the National Violence Against Women Network	





# Tuesday 29<sup>th</sup> November



## Join us at an In-Person Event

'What Were You Wearing' Exhibition	Everyone welcome
Drop in any time between 11:00am – 2:00pm	The exhibition includes outfits which have been recreated to depict an outfit that a person was wearing when they experienced sexual assault. These are also accompanied by a short statement from the survivor. The exhibition aims to challenge victim-blaming and the myth that sexual assault can be attributed to a person's choice of clothes.
Fife College, Glenrothes Campus, Stenton Road, Glenrothes, KY6 2RA.	
Organised by: FVAWP	
More info <a href="#">HERE</a>	

Fife Law Centre Legal Advice Session	Everyone welcome – drop in
12:30pm to 2:30pm	Fife Law Centre is a charity offering free legal support, guidance, and possible representation for those struggling to get it elsewhere. Our friendly team is happy to speak about legal issues you may be facing and will signpost you if we cannot assist. If you can, please check with us that we are still visiting the venue before you come along, as things can change. Tel: 01592-786710 or email <a href="mailto:info@fifelawcentre.co.uk">info@fifelawcentre.co.uk</a>
The Well, Peace'n'Jam at St Luke's, Ninian Quadrant, Glenrothes, KY7 4BL	
Organised by: Fife Law Centre	
More info: <a href="http://www.fifelawcentre.co.uk">www.fifelawcentre.co.uk</a> Follow us on: <a href="#">Facebook</a> & <a href="#">Twitter</a>	

## Social Media

Today's social media posts come from Fife Council's Facebook page @FifeCouncil and will provide information about the Equally Safe at Work accreditation that aims to reduce gender inequality.



We'd love to see your comments, shares and likes to help us spread our messages.

#WhatNext #KeepTheConversationGoing #16DaysFife

## Join us at an Online Event

<b>National Spotlight event: Embedding Safe &amp; Together in Scotland</b>	<b>Open to relevant staff – booking required</b>
1:30pm-4:00pm	Domestic abuse-informed practice can be defined as a perpetrator pattern, survivor strengths-based approach to working with families affected by domestic abuse. Across Scotland, and internationally, the Safe & Together (S&T) model is widely recognised as promoting best practice in embedding domestic abuse-informed systems, services and workforces.
Online using MS Teams  Spaces will be limited for this event, so please <u>register your interest</u> in attending this event and you will be advised whether you have been awarded a place in the coming weeks.	This online session will bring together stakeholders and leaders from across Scottish local authorities and organisations that are actively working to embed the Safe & Together Model. It will also look at how embedding this approach contributes towards key priorities of Equally Safe; Scotland’s national strategy for preventing and eradicating violence against women and girls.
Organised by: The Safe & Together Institute and the Improvement Service	

### Activism Idea: **WATCH**

**#WhatNext #KeepTheConversationGoing**

Learn more about gender-based violence by watching talks and programmes about this topic.

Here are two we found informative:

**BBC iPlayer - The Hunt for the World’s End Killers.** This documentary covers the very difficult topic of female murder. It contains interesting information on both the advancement of policing methods and also the conversations about women’s safety in both 1977 and now.

Watch here: <https://www.bbc.co.uk/programmes/m001dbf6> or search on BBC iPlayer

**BBC iPlayer – Music’s Dirty Secrets: Women Fight Back.** This documentary uncovers a number of womens’ experiences being female in the music industry. It contains content of unwanted sexual advances, violence and rape. It shows women speaking up against these experiences.

Watch here: [BBC iPlayer - Music’s Dirty Secrets: Women Fight Back](#) or search on BBC iPlayer



# Wednesday 30<sup>th</sup> November



## Join us at an Online Event

National Spotlight event: Violence Against Women and Girls (VAWG) and Mental Health - #WhatNext?	Relevant staff – booking required
9:30am – 11:30am	<p>Across most aspects of mental health, outcomes for women and girls are poorer than those for men and boys and the importance of supporting women’s mental health continues to be a key issue across the VAWG sector.</p> <p>This online event follows on from the research the Scottish Government commissioned the Improvement Service to undertake last year to help improve understanding of the mental health needs of women and girls experiencing gender based violence. It aims to build on the findings and recommendations identified in the resulting learning report.</p> <p>This event will bring together stakeholders and decision makers from across relevant organisations, NHS Boards, and local authorities for a discussion about how we can improve access to and experience of mental health services and support for women experiencing gender based violence.</p>
<p>Online - MS Teams</p> <p>Spaces will be limited for this event, so please <u>register your interest</u> in attending this event and you will be advised whether you have been awarded a place in the coming weeks.</p>	
<p>Organised by: Scottish Government, the Improvement Service, COSLA and Public Health Scotland</p>	

## Social Media

Today’s social media post comes from Police Scotland’s Facebook page @FifePolice and will focus on their Don’t Be That Guy campaign.

We’d love to see your comments, shares and likes to help us spread our messages.



**#WhatNext #KeepTheConversationGoing #16DaysFife**

## Join us at an Online Event

<b>Information session: Justice Social Work – Early Intervention</b>	<b>Open to staff working in Fife – booking required</b>
10:00am to 12:30pm	<p>The Early Intervention Team from Fife Council Justice Social Work present an information session introducing and explaining:</p> <ul style="list-style-type: none"> <li>- Diversion</li> <li>- Bail supervision, including assessment</li> <li>- Electronic monitoring bail</li> <li>- Structured deferred sentence</li> </ul> <p>Case studies will be used to highlight each intervention, with time for questions and discussion.</p>
Online – using Teams	
Email <a href="mailto:fvawp@fife.gov.uk">fvawp@fife.gov.uk</a> to book a place	
Organised by: Fife Violence Against Women Partnership	


<b>Equality Collective Online Chat: “Sexual Exploitation and Gender Inequality”</b>	<b>Everyone welcome – join group</b>
1:30pm to 2:30pm	<p>During the 16 Days of Activism 2022 campaign, Fife Centre for Equalities will be sharing a series of blog posts and inviting people living, working and studying in Fife to meet us for a chat in our Equality Collective Facebook group.</p>
Online - using Facebook	
<p>Please join the Equality collective Facebook group to take part in the conversations, visit <a href="https://www.facebook.com/groups/EqualityCollective/">https://www.facebook.com/groups/EqualityCollective/</a></p>	
Organised by: <b>Fife Centre for Equalities</b>	
<p>More info at:</p> <p>Fife Centre for Equalities <a href="https://centreforequalities.org.uk/">https://centreforequalities.org.uk/</a></p> <p>Equality Collective project <a href="https://centreforequalities.org.uk/eqcollective/">https://centreforequalities.org.uk/eqcollective/</a></p> <p>If you have any questions or need help accessing the group, please email <a href="mailto:info@centreforequalities.org.uk">info@centreforequalities.org.uk</a> or phone 01592 645310.</p>	



# Thursday 1<sup>st</sup> December



## Join us at an In-Person Event

<b>Training: Impact of Domestic Abuse in the Early Years</b>	<b>Open to staff working in Fife – booking required</b>
9:30am to 4:30pm - Limited Spaces	<p>Children’s experience of domestic abuse can cause both short and long term cognitive, behavioural, and emotional effects, and impact on attachment. Each child will respond differently to the trauma of witnessing domestic abuse depending on a range of factors including, but not limited to, sex, race, culture, age, and stage of development.</p> <p>Join the CEDAR Co-ordinators and FVAWP to explore the impact that domestic abuse can have in the early years.</p> <p>More info: </p>
Cupar County Buildings, Saint Catherine Street, Cupar KY15 4TH	
Organised by: FVAWP	
<p>Fife Council staff: Book through Oracle. Click on the learning tab and search for FVAWP – Impact of Domestic Abuse in the Early Years</p> <p>Non Fife Council staff: Booking here: <a href="https://tinyurl.com/jf8cni87">https://tinyurl.com/jf8cni87</a></p>	

## Social Media

Today’s social media post comes from Fife Council’s Community Safety Facebook page **@SaferCommunitiesFife** and will focus on their Women’s Safety campaign.

We’d love to see your comments, shares and likes to help us spread our messages.



**#WhatNext #KeepTheConversationGoing #16DaysFife**

## Join us at an Online Event

<p><b>National Spotlight event: Community Safety and Violence Against Women and Girls (VAWG)</b></p>	<p><b>Relevant staff – booking required</b></p>
<p>10:00am to 12:30pm</p>	<p>Evidence shows that women and girls experience more barriers than men when using the places around them, and are more likely to feel unsafe due to the risk of experiencing violence and harassment.</p> <p>This workshop will explore how stakeholders can work to embed women and girls' experiences and risk of VAWG into community safety policy and practice at a local and national level.</p>
<p>Online - MS Teams</p> <p>Spaces will be limited for this event, so please <u>register your interest</u> in attending this event and you will be advised whether you have been awarded a place in the coming weeks.</p>	
<p>Organised by the Improvement Service, COSLA Public Health Scotland, Scottish Community Safety Network, and the National Violence Against Women Network</p>	



**Friday 2<sup>nd</sup> December**



## Social Media

Today's social media post comes from Fife Council's Facebook page **@FifeCouncil** and will explore the work being done around Healthy Relationships in schools.

We'd love to see your comments, shares and likes to help us spread our messages.



**#WhatNext #KeepTheConversationGoing #16DaysFife**



# Saturday 3<sup>rd</sup> December



## Join us at an In-Person Event

<b>Dunfermline Athletic FC Support White Ribbon Scotland</b>	<b>Everyone welcome – ticket required</b>
3pm kick off	Come along to see your favourite Dunfermline Athletic FC players, get your White Ribbon and show your support for the White Ribbon campaign.  <a href="https://www.whiteribbonscotland.org.uk/">https://www.whiteribbonscotland.org.uk/</a>
East End Park, Halbeath Road, Dunfermline KY12 7RB	
Organised by: FVAWP & the Pars Foundation	



# Sunday 4<sup>th</sup> December



Activism Idea: **VOLUNTEER**

**#WhatNext #KeepTheConversationGoing**

**Kingdom Abuse Survivors Project (KASP)** are currently recruiting **Befrienders**. This is a rewarding volunteer opportunity which would allow you to develop your skills and knowledge and may help you in your studies or career path.

KASP Befriending Project is a service for adults in Fife who feel lonely and/or socially isolated due to suffering the negative effects of childhood sexual trauma.

Befrienders provide a vital contact for a person, a link to the local community and can be a pathway to other local services and support. Befrienders also help to support people improve their confidence, wellbeing and to connect with their local community.

If you live in Fife, can show empathy, be non-judgemental, respectful of others, can listen and commit to a minimum of 1 hour per week then please contact **[liz@kasp.org.uk](mailto:liz@kasp.org.uk)** for information and an application pack.

In return you will be offered full training, excellent ongoing support/supervision and will be reimbursed for any expenses incurred in your role. <https://kasp.org.uk/our-befriending-service/>



# Monday 5<sup>th</sup> December



## Join us at an Online Event

<b>National event: From viewer to consumer – normalising men’s violence against women</b>	<b>Everyone welcome – booking required</b>
10:00am to 12:30pm	This webinar will look at how the increasing sexualisation of our culture impacts on society and explore the role pornography plays in shaping attitude and beliefs. It will look at men’s behaviours as a driver of sexual exploitation and VAWG including exploring the rise of collector culture and deep fake porn and will look at what we can do to tackle these issues.
Online – book via Eventbrite  <a href="https://www.eventbrite.co.uk/e/from-viewers-to-consumers-normalising-mens-violence-against-women-tickets-453055149147">https://www.eventbrite.co.uk/e/from-viewers-to-consumers-normalising-mens-violence-against-women-tickets-453055149147</a>	
Organised by: The Women’s Support Project, on behalf of the Encompass Network	

<b>Equality Collective Online Chat: “Don’t Be That Guy – Campaign and Personal Experiences”</b>	<b>Everyone welcome – join group</b>
12:00 noon to 1:00pm	During the 16 Days of Activism 2022 campaign, Fife Centre for Equalities will be sharing a series of blog posts and inviting people living, working and studying in Fife to meet us for a chat in our Equality Collective Facebook group.  If you have any questions or need help accessing the group, please email <a href="mailto:info@centreforequalities.org.uk">info@centreforequalities.org.uk</a> or phone 01592 645310.
Online using Facebook. Please join the private group to take part in the conversations.  To join the Equality collective Facebook group please visit <a href="https://www.facebook.com/groups/EqualityCollective/">https://www.facebook.com/groups/EqualityCollective/</a>	
Organised by: <b>Fife Centre for Equalities</b>	
More info about: <b>Fife Centre for Equalities</b> <a href="https://centreforequalities.org.uk/">https://centreforequalities.org.uk/</a> Equality Collective project: <a href="https://centreforequalities.org.uk/eqcollective/">https://centreforequalities.org.uk/eqcollective/</a>	



<b>Fife Rape and Sexual Assault Centre (FRASAC) Information Event</b>	<b>Everyone welcome – tickets required</b>
1:00pm to 1:45pm	An informative talk from Jan Swan, CEO FRASAC, which will cover the history of FRASAC in Fife. This includes identifying the need for services dealing with sexual assault, Service users' experiences, and making referrals to FRASAC.
Online – using MS Teams	
Email <a href="mailto:fvawp@fife.gov.uk">fvawp@fife.gov.uk</a> to book a place	
Organised by: FRASAC & FVAWP	

<b>Women's Aid MARAC Information Event</b>	<b>Everyone welcome – tickets required</b>
2:00pm to 4:00pm	Join Fife Women's Aid staff for an information session about the Multi Agency Risk Assessment Conferencing (MARAC) process, including advocacy and support provision for victims.
Online – using Zoom	
Email <a href="mailto:info@fifewomensaid.org.uk">info@fifewomensaid.org.uk</a> to book a place	
Organised by: Fife Women's Aid	

## Social Media

Today's social media posts come from Fife Rape and Sexual Assault Centre (FRASAC). Follow their posts on Twitter **@FRASACKirkcaldy** where they will post original tweets once every hour starting at 9am.



Tweets will cover a range of topics, including an introduction to FRASAC, a video tour of their offices, a chance to meet the staff members, see a typical day of a support worker and hear some client feedback.

We'd love to see your comments, shares and likes to help us spread our messages.

**#WhatNext #KeepTheConversationGoing #16DaysFife**



# Tuesday 6<sup>th</sup> December



## Join us at an In-Person Event

Fife Law Centre Legal Advice Session	Everyone welcome – drop in
10:00am to 12:00noon	<p>Fife Law Centre is a charity offering free legal support, guidance, and possible representation for those struggling to get it elsewhere. Our friendly team is happy to speak about legal issues you may be facing and will signpost you if we cannot assist.</p> <p>If you can, please check with us that we are still visiting the venue before you come along, as things can change. Tel: 01592-786710 or email <a href="mailto:info@fifelawcentre.co.uk">info@fifelawcentre.co.uk</a></p>
Café Connect, Levenmouth Foodbank, Methil Evangelical Church, 3-5 Bowling Green Street, Methil, KY8 3DH	
Organised by: Fife Law Centre	
More info: <a href="http://www.fifelawcentre.co.uk">www.fifelawcentre.co.uk</a> Follow us on: <a href="#">Facebook</a> & <a href="#">Twitter</a>	

## Join us at an Online Event

National Spotlight event: Commercial Sexual Exploitation	Relevant staff – booking required
10:00am to 12:30pm	<p>This online workshop will bring together stakeholders from across relevant organisations and local authorities for a deep dive discussion on commercial sexual exploitation (CSE) and the experiences of women selling or exchanging sex.</p> <p>Come along to explore how stakeholders can work to embed women and girls experiences of CSE into policy and practice at a local and national level.</p>
Online - MS Teams  Spaces will be limited for this event, so please <u>register your interest</u> in attending this event and you will be advised whether you have been awarded a place in the coming weeks.	
Organised by the Improvement Service, COSLA, and the National Violence Against Women Network	

## Social Media

Today's social media post comes from Fife Council's Facebook page @FifeCouncil and will share posts from the Women's Support Project about tackling Commercial Sexual Exploitation.



We'd love to see your comments, shares and likes to help us spread our messages.

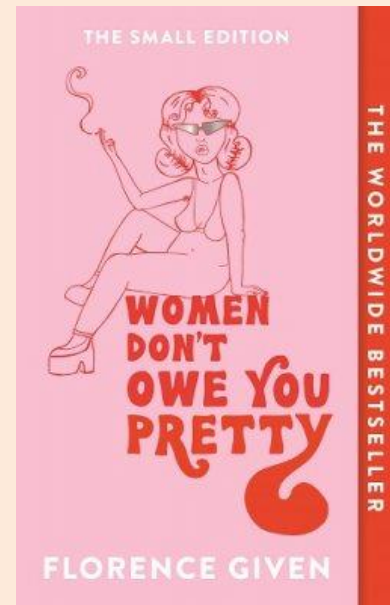
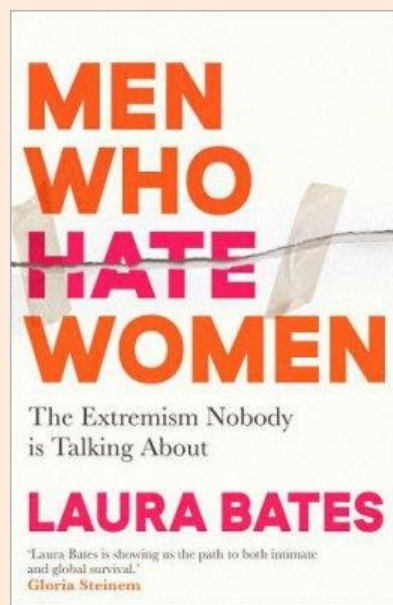
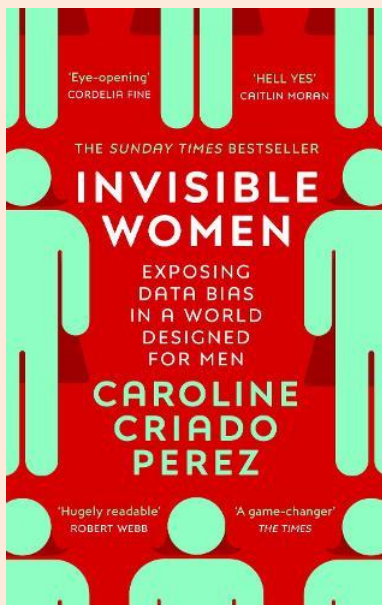
**#WhatNext #KeepTheConversationGoing #16DaysFife**

Activism Idea: **READ**

**#WhatNext #KeepTheConversationGoing**

There are a wide range of books available which can help you learn more about gender bias and gender-based violence.

Here are a few we like:






# Wednesday 7<sup>th</sup> December



## Join us at an Online Event

<b>Training: Engaging Safely with Male Perpetrators of Domestic Abuse</b>	<b>Open to staff working in Fife</b>
9:30am -12:00noon - Limited spaces	**This course is the first of its kind in Scotland**
Online using Microsoft Teams	Often, practitioners support families where Domestic Abuse is a central dynamic in the family home. While many receive comprehensive training on how to support survivors and their children impacted by Domestic Abuse, there are limited learning opportunities in working directly with the perpetrators. Understandably practitioners worry about increasing risk to women and children.
Organised by: FVAWP	
<p><u>Fife Council staff:</u> Book through Oracle. Click on the learning tab and search for FVAWP – Engaging Safely with Male Perpetrators of Domestic Abuse</p> <p><u>Non Fife Council staff:</u> Booking here: <a href="https://tinyurl.com/jf8cni87">https://tinyurl.com/jf8cni87</a></p>	
<p>More info:</p> 	<p>This training provides participants with an introduction and overview to engaging safely with male perpetrators of Domestic Abuse. It also looks at tactics commonly used by perpetrators of domestic abuse and effective communication methods that could be used to engage with them.</p> <p>It provides a safe space for practitioners to consider and discuss concerns, challenges, and solution for working with families experiencing domestic abuse.</p>

## Social Media

Today's social media post comes from Police Scotland's Facebook page @FifePolice and will explain domestic abuse and the support available to report it.

We'd love to see your comments, shares and likes to help us spread our messages.

#WhatNext #KeepTheConversationGoing #16DaysFife



## Join us at an Online Event

<p><b>National event: MARAC in Scotland</b></p>	<p><b>Relevant staff – booking required</b></p>
<p>9:30am to 12:30pm</p>	<p>For the past 15 years Multi-Agency Risk Assessment Conferences (MARAC) have transformed the multi-agency response to domestic abuse across Scotland. As of August 2022, MARAC is operating in all 32 Scottish local authorities – a major milestone meaning a victim at high risk of harm can expect to receive a coordinated response to their risk, no matter where they are in Scotland.</p> <p>SafeLives support local areas to embed the evaluated MARAC model and develop a national framework to improve and enhance the multi-agency response to domestic abuse in Scotland.</p> <p>This event will mark the milestone of full MARAC coverage, as well as an opportunity to reflect on the past 15 years of MARAC development, celebrate best practice and consider what the next steps for ongoing development at a local and national level are.</p> <p>We're pleased to have <b>Christina McKelvie, Minister for Equality and Older People</b>, attend and address the event, alongside other guest speakers, including members of SafeLives Authentic Voice Panel - a panel of survivors from across Scotland.</p>
<p>Online - MS Teams</p> <p>Book a place here:  <a href="https://tinyurl.com/yrvvy95e">https://tinyurl.com/yrvvy95e</a></p>	
<p>Organised by SafeLives</p>	
<p><b>White Ribbon Bystander Theory Workshop</b></p>	<p><b>Everyone welcome</b></p>
<p>06:30pm</p>	<p>'WhiteRibbonScotland.org.uk' invites you to join us for an introductory workshop on how we can become active bystanders in our society.</p> <p>Emphasising the need for personal safety, we will discuss what steps can be taken to intervene in situations which cause us concern.</p> <p>Although an interactive event no-one will be 'put on the spot' as we work together establish positive change.</p>
<p>Online via Zoom  Join Zoom Meeting click <a href="#">HERE</a></p> <p>Meeting ID: 869 3159 5560  Passcode: 020101</p>	
<p>Organised by: White Ribbon Scotland</p>	



# Thursday 8<sup>th</sup> December



## Join us at an In-Person Event

Community Discussion Session	Everyone welcome
7:00pm	Come along for a chat about what it means to be a male in 2022. Discuss what unhelpful stereotypes existed as we grew up and how these stereotypes are being changed by groups like Andy's Man Club and Men's Sheds. We'll consider how all genders can work together to change the gender bias.
Community room, Morrisons, Kirkcaldy Esplanade,	
Organised by: FVAWP & Andy's Man Club	

## Join us at an Online Event

Training: Multi Agency Risk Assessment Conferencing (MARAC)	Everyone welcome – join group Open to staff working in Fife with victims of domestic abuse
10:00am - 12:00noon - Limited Spaces	A Multi Agency Risk Assessment Conference (or MARAC) is a meeting that is held to discuss the most high-risk cases of domestic abuse and sexual violence, to share information and to safety plan to safeguard a victim.
Online with Microsoft Teams	
Organised by: FVAWP	This training will give an overview of the MARAC process, which specifically addresses the safeguarding needs of the adult victim but will also take into consideration any children or unborn babies. MARAC brings together agencies who may be working with an individual but by sharing information between them, a much more informed risk assessment and safeguarding action plan can be put in place (a Risk Management Plan or RMP)
<u>Fife Council staff:</u> Book through Oracle. Click on the learning tab and search for FVAWP – Multi Agency Risk Assessment Conferencing (MARAC)	
<u>Non Fife Council staff:</u> Booking here: <a href="https://tinyurl.com/jf8cni87">https://tinyurl.com/jf8cni87</a>	
More info:	Professionals who attend may include those from police, social work, health, housing, and Women's Aid. Other organisations may also be invited to attend where relevant.

<b>National 16 Days Conference</b>	<b>Everyone welcome – booking required</b>
Time TBC	Info to follow – keep an eye on Improvement Service webpage for details:  <a href="https://tinyurl.com/bdhfryuc">https://tinyurl.com/bdhfryuc</a>
Online via Teams	
Organised by: Improvement Service	

## Social Media

Today's social media post comes from Fife Women's Aid. Follow them on Facebook, Twitter and Instagram **@FifeWomensAid** for posts about domestic abuse and support available.



We'd love to see your comments, shares and likes to help us spread our messages.

**#WhatNext #KeepTheConversationGoing #16DaysFife**

Activism Idea: **WRITE**

**#WhatNext #KeepTheConversationGoing**

You can write to your local councillor, your MSP and your MP to tell them your opinions on gender based violence and ask them to ensure this issue is being raised in decision making processes.

You can find out who your local representatives are and how to contact them here:

**Councillors:** [www.fife.gov.uk/councillors](http://www.fife.gov.uk/councillors)

**MSPs:** <https://www.theyworkforyou.com/scotland/>

**MPs:** <https://www.theyworkforyou.com/>

Stuck for ideas? Not sure what to say?

*Dear....*

*I've recently seen the 16 Days of Activism Against Gender Based Violence in Fife and it brought this issue to my attention. The main thing that I want to see addressed in my area/Scotland is.....*

*Many thanks*

*A. Writer*



# Friday 9<sup>th</sup> December



## Join us at an Online Event

<b>Equality Collective Online Chat: “Children and Young People Experiencing Abuse and Violence Against Women and Girls”</b>	<b>Everyone welcome – join group</b>
1:30pm to 2:30pm	During the 16 Days of Activism 2022 campaign, Fife Centre for Equalities will be sharing a series of blog posts and inviting people living, working and studying in Fife to meet us for a chat in our Equality Collective Facebook group.
<p>Online using Facebook. Please join the private group to take part in the conversations.</p> <p>To join the Equality collective Facebook group please visit <a href="https://www.facebook.com/groups/EqualityCollective/">https://www.facebook.com/groups/EqualityCollective/</a></p>	
Organised by: <b>Fife Centre for Equalities</b>	
<p>More info about:  <b>Fife Centre for Equalities</b>  <a href="https://centreforequalities.org.uk/">https://centreforequalities.org.uk/</a>          Equality Collective          project: <a href="https://centreforequalities.org.uk/eqcollective/">https://centreforequalities.org.uk/eqcollective/</a></p> <p>If you have any questions or need help accessing the group, please email <a href="mailto:info@centreforequalities.org.uk">info@centreforequalities.org.uk</a> or phone 01592 645310.</p>	

## Social Media

Today’s social media post comes from Kingdom Abuse Survivors Project (KASP). Follow them on Facebook **@KingdomAbuseSurvivorsProject-KASP** for posts about the importance of using a trauma informed approach. We’d love to see your comments, shares and likes to help us spread our messages.

**#WhatNext #KeepTheConversationGoing #16DaysFife**







# Saturday 10<sup>th</sup> December



## Join us at an In-Person Event

Keep an eye on our social media for information about an in-person event to round off our campaign.

**Thank you for your support during our 16 Days of Activism Against Gender Based Violence campaign.**

Activism Idea: **LOOK WIDER**

**#WhatNext #KeepTheConversationGoing**

### **Today is International Human Rights Awareness Day**

Have a look around the United Nations website to find out more about human rights and gender inequality across the world.

<https://www.ohchr.org/en/topic/gender-equality-and-womens-rights>

Promoting women's human rights and achieving gender equality are core commitments of the UN Human Rights Office. They promote women and girls' equal enjoyment of all human rights, including freedom from violence, sexual and reproductive rights, access to justice, socio-economic equality, and participation in decision-making.

Gender equality is at the very heart of human rights and United Nations values.



## 'Reclaim the Night' events



We'd like to highlight three 'Reclaim the Night' events taking place in surrounding areas.

These are an opportunity to take to the streets and shout out for women's safety.

'Reclaim the Night' March	Everyone welcome
Thursday 24 <sup>th</sup> November	<p>Headlines over the past few years have highlighted the prevalence of gender based violence in society today and how our streets are STILL not safe for marginalised genders, in St Andrews, the UK and the rest of the world.</p> <p>This is a chance to march in solidarity, show your support for those affected by gender based violence and come together in hope for a better future.</p>
6:00pm	
St Andrews Student Association, The Union, St Mary's Place, St Andrews	
Organised by The Feminist Society of the University of St Andrews and partners	
More info: <a href="https://www.facebook.com/events/667479474945458">https://www.facebook.com/events/667479474945458</a>	

'Reclaim the Night' March	Everyone welcome
Monday 28 <sup>th</sup> November	<p>This is an opportunity for EVERY gender and community to get involved and speak out against Gender-Based Violence.</p> <p>Come along with your placards, megaphones, loud voices and passion for women's safety. The event will be ending in the V&amp;A with guest speakers.</p>
6:30pm	
Magdalen Green, Dundee	
Organised by Dundee Rape Crisis	
More info: <a href="https://www.facebook.com/events/s/reclaim-the-night-2022/3323908914547095/">https://www.facebook.com/events/s/reclaim-the-night-2022/3323908914547095/</a>	

'Reclaim the Night' March	Everyone welcome
Thursday 1 <sup>st</sup> December	<p>Come march with us to reclaim our right to walk the street at night and end violence against women and children.</p> <p>Everyone is welcome, bring your family, partners and friends.</p> <p>Make your own banners and placards and bring them along or you can use some of ours!</p>
Meeting 5:30pm, March leave 6:00pm	
St Paul's Church Square	
Organized in partnership with RASAC P&K, Perth & Kinross Council and the Violence Against Women Partnership.	
More info: <a href="https://facebook.com/events/s/reclaim-the-night-march/712650303467522/">https://facebook.com/events/s/reclaim-the-night-march/712650303467522/</a>	



# Additional Resources



If you have experienced gender based violence, please don't feel you need to deal with this alone. Abuse is difficult to talk about. Telling someone can be an important step towards support, protection and recovery. You can get support or information if the abuse was in the past or recent.

There are many organisations who can support you. We will believe you. You can talk to us.

## Who can help?

### Domestic Abuse

#### **Scotland's Domestic Abuse and Forced Marriage Helpline**

0808 2000 247

<https://sdafmh.org.uk>

[helpline@sdafmh.org.uk](mailto:helpline@sdafmh.org.uk)

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#### **Fife Women's Aid (women & children) (24hour support line)**

0808 802 5555

[www.fifewomensaid.org.uk](http://www.fifewomensaid.org.uk)

[info@fifewomensaid.org.uk](mailto:info@fifewomensaid.org.uk)

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#### **Shakti Fife (ethnic minority women)**

01383 431243

[www.shaktiedinburgh.co.uk](http://www.shaktiedinburgh.co.uk)

[info@shaktiedinburgh.co.uk](mailto:info@shaktiedinburgh.co.uk)

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#### **LGBT Helpline Scotland**

0300 123 2523

[www.lgbthealth.org.uk](http://www.lgbthealth.org.uk)

[helpline@lgbthealth.org.uk](mailto:helpline@lgbthealth.org.uk)

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#### **National Stalking Free Helpline**

0808 802 0300

### Rape and Sexual Assault

#### **Fife Rape and Sexual Assault Centre**

01592 642336

[www.frasac.org.uk/](http://www.frasac.org.uk/)

[info@frasac.org.uk](mailto:info@frasac.org.uk)

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#### **Kingdom Abuse Survivors Project**

01592 644217

[www.kasp.org.uk/](http://www.kasp.org.uk/)

[info@kasp.org.uk](mailto:info@kasp.org.uk)

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#### **Safe Space**

01383 739084

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#### **Rape Crisis Helpline**

0808 801 0302

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#### **Forced Marriage Unit**

0207 008 0151

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**In an emergency call 999**



[Violence Against Women | Fife Council](https://tinyurl.com/ccdfbsky)

<https://tinyurl.com/ccdfbsky>