

Dementia & Delirium Carers' Café

A friendly and supportive environment to get information and advice and chat with other carers.

- Informal relaxed atmosphere
- Expert advice and guidance
- Resources and information
- Tea and coffee provided



An informal event where carers can socialise and talk with other carers and staff from Alzheimer Scotland and NHS Fife Dementia Team

2019 DATES – ST ANDREWS HOSPITAL

Venue: Health Promotion Room 2

Time: 12:30 – 1:30pm

Date: Third Thursday of the month

Thursday 17 January
Thursday 21 February
Thursday 21 March
Thursday 18 April
Thursday 16 May
Thursday 20 June
Thursday 18 July
Thursday 15 August
Thursday 19 September
Thursday 17 October
Thursday 21 November
Thursday 19 December



For further information contact
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