WINTER / SPRING 2022

Befriending Networks Training and Events

We want to give you enough notice as possible on upcoming training so you can plan accordingly. On page two you will see an outline of all training and events in available themes. These themes match our website page of **www.befriending.co.uk/training-events** and this will help you to navigate our website, see more details and book.

On page three you will see a breakdown of our available training in February and March 2022 for our Winter/Spring programme. We will continue to give you quarterly updates throughout the year. Please monitor our networking events page closely for information on our free networking events being released gradually. At this time, all events are still offered on an online basis.

If you would like to see a full breakdown of what each course available entails then follow these links:

- Topical Training courses information
- Vital Skills for Staff courses information

VITAL SKILLS FOR STAFF

Seven modules are available. Each course is designed to support coordinators and befriending staff with their responsibilities. New to your job? Or looking for a refresher? Why not sign up to learn your Vital Skills? Each course is designed around a resource pack, written assignments and online classes to confirm learning and network with other students. :

- Training for Trainers
- Recruiting Befrienders
- Support and Supervision
- Boundaries in Befriending
- Making Your Matches
- Risk Management in Befriending
- Managing Waiting Lists, Capacity and Endings

BESPOKE TRAINING

Do you need training for your staff, volunteers and/or trustees? Don't see your required topic listed? Don't see available spaces of your course? Looking for a combination of themes and topics? We can design a training package specifically to fit your needs. It all begins with a free bespoke consultancy session on Zoom. Please see our bespoke page for more information.

VOLUNTEER TRAINING TOOLKIT

Members of Befriending Networks gain exclusive access to our Volunteer Training Toolkit: A bundle of resources to use when training your volunteers to be befrienders. There are videos, PowerPoints, ready materials, interactive activities, podcasts, written assignments - you can pick and choose, and edit, these tools to fit your project and your volunteers' needs.

- How to Sessions - guidance on using the toolkit

Training and Events available at Befriending Networks

MANAGERS NETWORK (NEW)

Monthly sessions for managers (who line manage other employees). Join our CEO, Sarah, to discuss all things surrounding the management and leadership of befriending services and problem solve together, in safe supportive environment.

GOOD PRACTICE (NEW)

All of these courses are an interactive discussion followed by a Good Practice Guide resource to help you with the operations of your project.

- Being a Befriender **(COMING SOON)**
- Running a Befriending Service **(COMING SOON)**
- Dementia and Befriending
  - *How to operate a Dementia friendly service & train volunteers accordingly*

TOPICAL TRAINING

Topical courses are training on specific themes covering common issues in the land of befriending. The majority of these courses are targeted towards staff but there are some appropriate for volunteers and trustees. The majority of these courses are structured with an online session followed by access to a resource. Please check each course listing for specifics.

- Approaching Collaboration **(NEW)**
- Bereavement in Befriending
- Communicating and Engaging Volunteers with Policies and Procedures
- Creating a Quality Safeguarding Policy
- Management and Leadership
- Mental Health Awareness
- Reducing Inappropriate Referrals
- Safeguarding in Befriending
- Social Impact: How to Measure
- Supporting Mental Wellbeing
- Volunteer Retainment **(NEW)**

NETWORKING

Our FREE sessions are an opportunity to learn from other befriending projects and to access the support of Befriending Networks staff directly. Tackling a number of common issues, with a range of perspectives, each event is unique.

- Q+A Sessions

Training available this Winter / Spring 2022

February 2022

VITAL SKILLS: Matching	Tues 1st > Thurs 10th, Webinar 9:30am - 11:30am on 10th	£55 / £65
VITAL SKILLS: Managing Waiting Lists, Capacity and Endings	Mon 7th > Thurs 17th, Webinar 1pm – 3pm on 17th	£55 / £65
VOLUNTEER TRAINING TOOLKIT: How To	Thursday 10th 12:30pm – 2pm (Members only)	**Free**
TOPICAL TRAINING: Approaching Collaboration	Tuesday 15th 9:30am – 11am	£15 / £20
TOPICAL TRAINING: Bereavement in Befriending	Tuesday 15th 12:45pm – 2:45pm	£65 / £75
TOPICAL TRAINING: Reducing Inappropriate Referrals	Thursday 17th 9:30am – 11am	£30 / £40
TOPICAL TRAINING: Safeguarding in Befriending	Monday 21st 2pm – 3:30pm	£30 / £40
TOPICAL TRAINING: Social Impact How to Measure	Tuesday 22nd 9:30am – 12:30pm	£85 / 95
TOPICAL TRAINING: Communicating and Engaging Volunteers with Policies and Procedures	Wednesday 23rd 1pm – 2:30pm	£25 / £30
TOPICAL TRAINING: Volunteer Retainment	Thursday 24th 9:30am – 11:15am	£25 / £30
TOPICAL TRAINING: Supporting Mental Wellbeing	Thursday 24th 12:30pm – 3pm	£40 / £45

March 2022

VITAL SKILLS: Training for Trainers	Tues 1st > Mon 21st, Webinar 10am – 1pm on 21st	£90/£110
VITAL SKILLS: Recruiting Befrienders	Mon 7th > Thurs 17th, Webinar 9:30am – 11:30am on 17th	£55 / £65
GOOD PRACTICE: Dementia and Befriending	Wednesday 9th 12:30pm – 2:30pm	£80 / £90
GOOD PRACTICE: Running a Befriending Service (Beginners Guide)	Tuesday 22nd 10am – 12:30pm	£15 / £25
TOPICAL TRAINING: Safeguarding in Befriending	Tuesday 22nd 2pm – 3:30pm	£30 / £40

Members of Befriending Networks receive the discounted rate on training when logged into account before processing their booking online

Click here for Vital Skills

Click here for Topical Training

Click here for Volunteer Training Toolkit

Click here for Good Practice