

SURVIVING CHRISTMAS AND NEW YEAR

The Adult Support & Protection Committee in partnership with Fife Council Community & Neighbourhoods are distributing the 'Surviving Christmas and New Year' information. It is downloadable as a [booklet](#), [wallet sized](#), [Easy Read version](#), [plain text booklet](#) and [plain text wallet sized](#) at: www.fifedirect.org.uk/adultprotection Paper copies may still be available. Email: shona.mcewan@fife.gov.uk or call 03451 55 55 55 ext 442134.



CHRISTMAS COMMUNITY MEALS Linton Lane Centre in Kirkcaldy is open on Christmas Day for a free Community Christmas Dinner. If you can, call 01592 643816 to book. Kirkcaldy Foodbank is open on Christmas Day at Linton Lane.

Rosyth Hub is having two sittings for a Christmas Day meal, 2-4pm or 5-7pm. Call into the Hub to book a place in advance or call 07513313251. **See attached flyer for details.** They will also be running their usual community meals on Thurs and Fri evenings throughout the holidays 5-7pm

There is now a page on www.fifedirect.org.uk/benefits which details opening hours for support/crisis services through a link on the main introduction.

Disability Information Scotland has [advice and support about the pressures of Christmas.](#)

English charity Mind has festive tips here: <https://www.mind.org.uk/workplace/mental-health-at-work/taking-care-of-yourself/christmas-tips/> and here: <https://www.mind.org.uk/information-support/your-stories/support-at-christmas/#.WibIAMu7LIU>

SERVICE PROVISION OVER THE HOLIDAYS See the attached sheet for details of Festive Opening Hours for Community Job Clubs and Citizens Advice and Rights Fife.

NEW POWERS TO TACKLE HUMAN TRAFFICKING New powers to tackle trafficking suspects have come into force, which means potential victims will be protected from harm. Police can now apply to courts for a Trafficking and Exploitation Risk Order which means the suspect is banned from a range of activity with potential restrictions on movement or on internet use. Read the [Trafficking and Exploitation Strategy](#) If people suspect trafficking or exploitation, contact the [Modern Slavery helpline](#) by calling 08000 121 700 Watch one of the Scottish Government [campaign videos.](#)

SUPPORTED DECISION MAKING

Supported decision-making starts with the idea that everyone has the right to make their own decisions. It follows with the commitment to provide sufficient and effective support which compensates for any difficulties with decision making and enables the person with intellectual impairment to be at the centre of their own decision making. Find out more about the Framework developed by People First (Scotland) at: <http://peoplefirstscotland.org/files/2017/03/Framework-Final.compressed.pdf>

SAFER COMMUNITIES, SAFER SCOTLAND BOOKLET

This booklet is packed with practical tips on how to keep you, your family and your community safe – from protecting your home and possessions to helping your children enjoy the benefits of the internet in safety. Download [here](#).

RESPONDING TO FEMALE GENITAL MUTILATION (FGM) IN SCOTLAND

New multi-agency guidance provides a framework within which agencies and practitioners can develop and agree processes to promote the safety and wellbeing of women and girls. It covers how to identify whether a girl including an unborn girl or young woman may be at risk of FGM; how to identify a girl or woman who has undergone FGM; how to protect those at risk and support

those already affected; and how to prevent and end FGM.

Multi-Agency Guidance <http://www.gov.scot/Resource/0052/00528145.pdf>



To follow fraud news click [here](#). Last year, victims reported losing nearly £16 million to Christmas shopping fraudsters. Action Fraud's analysis of last year's crimes also shows that **65% of crimes at Christmas were linked to online auctions sites**, with

the average loss for these reports coming in at £727. **Action Fraud tips: Think before you buy:**

- If something seems too much of a bargain, it's probably poor quality, fake or doesn't exist.
- **Never click on unsolicited emails or text messages.** Criminals can use the technology to make emails or texts look like they come from a legitimate business or organisation.
- If you're **buying tickets**, always buy from official sources and never pay by direct transfer.
- If you're **buying a holiday online**, research it thoroughly to ensure that is a genuine offer and check to make sure it is registered with ABTA and ATOL.
- Use methods like PayPal when buying on auction sites; never transfer money to someone you don't know.
- Secure Wi-Fi is vital Check that the Wi-fi network you're using is secure before you make any financial transactions.



PURPLE ALERT Alzheimer Scotland have launched the Purple Alert, a free app which notifies members of the community that a person with dementia has lost their way nearby. Read more [here](#). To support people living with dementia in your area, join the Purple Alert community and [download the app for free](#) today

GUARDIANSHIP ORDERS New figures published by the Mental Welfare Commission show a rise of 12.5% in existing guardianship orders in Scotland, to 12,082 at March 2017. These orders are granted by a court when a person does not have the capacity to make some or all decisions for themselves. 44% of new applications were for people with dementia, and 43% were for people with learning disability. A fifth of all new applications were for people aged between 16 and 24 with learning disability.